

PSYCHOLOGY (PSY)

Credit Courses

PSY 100 General Psychology (3 Units)

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 54 (54 lecture)

Psychology is the scientific study of behavior and mental processes. This survey course serves as a foundation for further studies in psychology. Theories and research pertaining to the biological basis of behavior, human development, perception, emotions, learning, cognition, consciousness, intelligence, motivation, personality, social influences on behavior, mental disorders and psychotherapy are covered.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, CSUGE Area E, IGETC Area 4I, CSU Transferable, UC Transferable

UC Transfer Limit: PSY 100, 100H and 120 combined: maximum credit, one course.

C-ID: PSY 110.

PSY 100H General Psychology, Honors (4 Units)

Limitations on Enrollment: Acceptance into the Honors Program.

Skills Advisories: Eligibility for ENG 110 or ENG 110H and Math 104 or Math 107 or Math 111 or qualifying score on SBCC placement exam.

Hours: 72 (72 lecture)

Survey of psychology as a science. Principles of behavior, maturation, emotions, intelligence, learning, thinking, motivation and personality are some of the many topics covered. This Honors class emphasizes the development of creative application and critical analyses of these behavioral principles.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, CSUGE Area E, IGETC Area 4I, CSU Transferable, UC Transferable

UC Transfer Limit: PSY 100, 100H and 120 combined: maximum credit, one course.

C-ID: PSY 110.

PSY 105 Applied Behavior Analysis (2 Units)

Skills Advisories: Eligibility for ENG 110 or 110H.

Hours: 36 (36 lecture)

Basic concepts of behavior analysis, and application of these principles to various life domains (increasing physical activity, athletic performance, coaching, education, substance-dependence, psychotherapeutic treatment). Single-subject research methods, and social, ethical and professional issues relevant to applied behavior analysis.

Transfer Information: CSU Transferable

PSY 106 Positive Psychology (3 Units)

Prerequisites: PSY 100 or 100H.

Skills Advisories: Eligibility for ENG 110 or 110H.

Hours: 54 (54 lecture)

Scientific study of psychological strengths and optimal functioning including (1) positive subjective states, such as happiness, satisfaction, love and contentment; (2) positive individual traits, such as courage, honesty, kindness and wisdom; and (3) positive institutions, such as healthy families, work environments and communities.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, CSU Transferable, UC Transferable

PSY 110 Introduction to Physiological Psychology (3 Units)

Prerequisites: PSY 100 or PSY 100H.

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 54 (54 lecture)

Elementary physiology of the nervous system. Physiological mechanisms underlying sensation, perception, emotion, arousal, motivation, learning, and cortical specialization. Function of the endocrine system. Intended primarily for psychology majors as part of the lower-division pre-major pattern. Also useful for students in allied health fields.

Transfer Information: CSUGE Area B2, IGETC Area 5B, CSU Transferable, UC Transferable

C-ID: PSY 150.

PSY 112 Introduction to Cognitive Psychology (3 Units)

Course Advisories: PSY 100 or PSY 100H.

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 54 (54 lecture)

An introduction to the general concepts and experimental approaches in the study of cognitive psychology. Topics include mental processes such as pattern recognition, perception, memory, thinking, problem solving and comprehension of language. Also included is an overview of experimental procedures used to study human sensation, perception and cognition.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D, CSUGE Area E, IGETC Area 4, CSU Transferable, UC Transferable

PSY 115 Psychology Of Health And Effective Behavior (3 Units)

Skills Advisories: Eligibility for ENG 110 or 110H.

Hours: 54 (54 lecture)

Issues in personal and social adjustment to prepare students for a life-long understanding of themselves as integrated persons. Study of personality, personal development, psychological and physical aspects of stress and health, abnormal behavior, coping skills, therapy, interpersonal communication, intimacy, family relationships, gender issues, and effective functioning at work and as a parent.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, CSUGE Area E, IGETC Area 4I, CSU Transferable, UC Transferable

PSY 120 Introduction To Psychology (3 Units)

Skills Advisories: Eligibility for ENG 110 or 110H.

Hours: 54 (54 lecture)

Introduces students to the general field of psychology. Examines basic principles of human behavior and how they may be applied effectively in daily living situations.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, IGETC Area 4I, CSU Transferable, UC Transferable

UC Transfer Limit: PSY 100, 100H and 120 combined: maximum credit, one course.

PSY 125 Psychology Of Human Sexuality (4 Units)

Course Advisories: PSY 100 or PSY 100H.

Skills Advisories: Eligibility for ENG 110 or 110H.

Hours: 72 (72 lecture)

Focuses on major aspects of human sexuality: psychological perspectives, research findings, human sexual response cycles, gender differentiation, sexuality through the life span, and diversity in human sexuality. Includes communication and relationship dynamics; love, romance and dating patterns; birth control, pregnancy and parenthood; sexual dysfunction and treatment; and the issues of sexual abuse and harassment.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, CSUGE Area E, IGETC Area 4I, CSU Transferable, UC Transferable

UC Transfer Limit: PSY 125 and HE 111 combined; maximum credit, one course.

C-ID: PSY 130

PSY 130 Personality Dynamics And Effective Behavior (3 Units)

Course Advisories: PSY 100 or PSY 100H.

Skills Advisories: Eligibility for ENG 110 or 110H.

Hours: 54 (54 lecture)

Personality theory, assessment and development, interpersonal communications, abnormal behavior, mental hygiene and psychotherapy. Study of psychological systems. Intended for either Psychology majors or as a useful elective for vocations dealing with people. Also includes mental health principles for personal growth.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, CSUGE Area E, IGETC Area 4I, CSU Transferable, UC Transferable

PSY 135 Psychology of Film (3 Units)

Corequisites: PSY 100 or PSY 100H.

Skills Advisories: Eligibility for English 110 or English 110H.

Hours: 54 (54 lecture)

Introduction to human psychological behavior, as portrayed through the medium of film. Students view and analyze films and discuss how filmmakers achieve psychological reactions in their audience members. Topics include human personality and development of individual differences; motivation; learning; memory; sensation and perception; physical, emotional and social development; abnormal behavior; aggression; and interpersonal relationships.

SBCC General Education: SBCCGE Area B, SBCCGE Area C

Transfer Information: CSUGE Area C2, CSUGE Area D7, CSUGE Area D9, IGETC Area 4G, IGETC Area 4I, CSU Transferable, UC Transferable

PSY 140 Child Development (3 Units)

Skills Advisories: Eligibility for ENG 98.

Hours: 54 (54 lecture)

History and philosophy of care and development of the child, from conception through adolescence, with emphasis on the preschool and elementary school-age child. Studies include children's developmental characteristics, records of children's growth, individual differences, personality development, and signs of physical or emotional disturbance. Emphasis placed on normal healthy development. Includes child observation and reports.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, CSUGE Area E, IGETC Area 4I, CSU Transferable, UC Transferable

PSY 145 Human Development (3 Units)

Course Advisories: PSY 100 or 100H or PSY 120.

Skills Advisories: Eligibility for ENG 110 or 110H.

Hours: 54 (54 lecture)

This course provides an overview, from a psychological perspective, of human physical, cognitive, and social development, as well as developmental problems, and the biological and environmental influences on development, from conception through death. The course examines the theories, research findings, and methodological approaches to human development through the life span.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, CSUGE Area E, IGETC Area 4I, CSU

Transferable, UC Transferable

C-ID: PSY 180.

PSY 150 Statistics for the Behavioral Sciences (4 Units)

Prerequisites: MATH 107 or Equivalent through placement by the Assessment Center using multiple measures.

Course Advisories: PSY 100 or PSY 100H.

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 72 (72 lecture)

Principles and procedures of measurement, data analysis, probability, sampling theory and statistical significance. Covers basic descriptive statistics, including measures of linear relationships and standard scores. Covers the logic of hypothesis testing and inferential statistics up to analysis of variance, including a conceptual introduction to factorial designs. Students conduct analyses by hand and computer software.

SBCC General Education: SBCCGE Area D2, SBCCGE Area E1

Transfer Information: CSUGE Area B4, IGETC Area 2A, CSU Transferable, UC Transferable

UC Transfer Limit: MATH 117, MATH 117A and MATH 117B, PSY 150 and SOC 125 combined: maximum credit, 1 course or series.

C-ID: MATH 110, SOCI 125.

PSY 170 Abnormal Psychology (3 Units)

Prerequisites: PSY 100 or PSY 100H.

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 54 (54 lecture)

Introduction to assessment, diagnosis, treatment, research and prevention of mental disorders. Covers the major DSM disorders, including the phenomenology, etiology and treatment of anxiety, affective, dissociative, somatoform, psychophysiological, schizophrenic, sexual dysfunctions, paraphilias and gender identity disorder; substance-related; impulse-control; developmental, cognitive and personality disorders. Theories, therapies, research, legal and social issues are addressed.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, IGETC Area 4I, CSU Transferable, UC Transferable

C-ID: PSY 120.

PSY 175 Social Psychology: Psychological Perspective (3 Units)

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 54 (54 lecture)

Social Psychology studies how our thoughts, feelings and behavior are influenced by others. It takes a scientific approach, emphasizing that behavior is strongly influenced by social situations. Topics covered are the self; social cognition; attitudes and prejudice; social influences of culture; persuasive techniques; groups; relationships; aggression; and pro-social actions.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, IGETC Area 4I, CSU Transferable, UC Transferable

C-ID: PSY 170.

PSY 200 Research Methods and Experimental Design in Psychology (4 Units)

Prerequisites: PSY 100 or PSY 100H and PSY 150 or MATH 117 or MATH 117H.

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 108 (54 lecture, 54 lab)

The logic of and empirical procedures used in psychological research, with emphasis on experimental, quasi-experimental, and correlational research methods. Covers ethical principles used to guide research.

Includes practical applications of descriptive and inferential statistics.

Students will analyze research studies, participate in designing and conducting a research project, and write an APA research report.

SBCC General Education: SBCCGE Area B

Transfer Information: CSUGE Area D9, IGETC Area 4I, CSU Transferable, UC Transferable

C-ID: PSY 205B and POLS 160.

PSY 210 Introduction to Psychopharmacology (3 Units)

Course Advisories: PSY 100H or PSY 100, ENG 110 or ENG 110H.

Hours: 54 (54 lecture)

An introduction to clinical and nonclinical use of psychoactive drugs.

Students gain an understanding of the effects of both therapeutic and recreational drugs on brain chemistry, and their role in modifying behavior and mental processes. Includes historical perspectives on drug use, drug development stages, and pharmacokinetics and pharmacodynamics of psychoactive drugs.

Transfer Information: CSUGE Area D, CSUGE Area F, IGETC Area 4, CSU Transferable, UC Transferable

PSY 295 Internship In Psychology (2-4 Units)

Limitations on Enrollment: Completion of two courses in Psychology at SBCC prior to enrolling in course.

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 277 (4 lecture, 273 lab)

Five-20 lab hours per week (plus weekly meeting with instructor).

Students gain work experience in clinical/community outreach programs and/or research laboratories.

Transfer Information: CSU Transferable

PSY 299 Independent Study In Psychology (1-4 Units)

Limitations on Enrollment: Six units of Psychology with a 3.0 or above GPA; minimum 12 units of course work completed at SBCC, with a GPA of at least 2.5.

Skills Advisories: Eligibility for ENG 110 or ENG 110H.

Hours: 192 (192 lab)

Student works under guidance and direction of sponsoring faculty member on project consistent with interests and abilities. Minimal weekly meetings required. May be taken for one to four (4) units of credit. For complete information, see "Independent Study" in the Catalog Index.

Transfer Information: CSU Transferable