

NURSING (NURS)

Credit Courses

NURS 119 Introduction to RN for the LVN (4 Units)

Limitations on Enrollment: Admission to Program.

Hours: 180 (18 lecture, 162 lab)

Provides a basic orientation to the Santa Barbara City College Associate Degree Nursing Program based on Caring Theory for the VN to ADN student. Ethical and legal responsibilities and the changing role of the RN are included. LVN to RN content includes IV therapy and assessment.

Transfer Information: CSU Transferable

NURS 161 Pharmacology Nursing (1.5 Unit)

Limitations on Enrollment: Admission to the ADN Program.

Hours: 45 (18 lecture, 27 lab)

This course provides an introduction to the principles of pharmacology, including: pharmacokinetics, pharmacodynamics, medication interactions and potential adverse medication reactions. Content includes general principles of pharmacology, legal, ethical, and safety aspects of medication administration as well as nursing care related to the safe administration of medication to patients across the life span. Emphasis is placed on nursing responsibilities such as maximizing therapeutic effects of drug therapy and minimizing adverse effects, appropriate patient and family teaching, and ongoing patient assessment.

Transfer Information: CSU Transferable

NURS 162 Introduction to Medical-Surgical Nursing I (8 Units)

Limitations on Enrollment: Admissions to the ADN program.

Hours: 288 (72 lecture, 216 lab)

This course provides an introduction to nursing and the roles of the nurse and profession, and related patient care concepts. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for basic assessment and nursing skills is presented, and the student is given an opportunity to demonstrate these skills in a clinical laboratory setting and in a variety of health care settings. An introduction to the nursing process provides a decision-making framework to assist students in developing effective clinical judgment skills.

Transfer Information: CSU Transferable

NURS 163 Beginning Medical Surgical II (6 Units)

Limitations on Enrollment: Admission to the ADN Program.

Hours: 216 (54 lecture, 162 lab)

The first-year nursing student's second semester develops knowledge and skills as they relate to adult non-critical, moderately complex medical-surgical patients. This course focuses on the care of adult clients with health alterations that require medical and/or surgical intervention. Emphasis is placed on the care of clients with alterations in selected body functions. Through the nursing process the student recognizes alterations in status and formulates age-appropriate care. Concepts of client centered care, cultural sensitivity, informatics, safe practice, and professionalism are integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe client care to adults in a variety of settings. Psychomotor skills include medication administration, sterile procedures, isolation procedures, and intravenous therapy.

Transfer Information: CSU Transferable

NURS 165 Mental Health Nursing (2.5 Units)

Prerequisites: NURS 161 and NURS 162 or NURS 119 (taken concurrently).

Limitations on Enrollment: Admission to Program.

Hours: 81 (27 lecture, 54 lab)

Focuses on the care of patients across the lifespan experiencing cognitive, mental and behavioral disorders. Emphasis is placed on management of patients facing emotional and psychological stressors as well as promoting and maintaining the mental health of individuals and families. Concepts of crisis intervention, therapeutic communication, anger management and coping skills are integrated throughout the course. The community as a site for care and support services is addressed. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to patients in selected mental health settings.

Transfer Information: CSU Transferable

NURS 166 Intermediate Medical-Surgical Nursing III (5.5 Units)

Prerequisites: NURS 163 or NURS 119 and NURS 165.

Hours: 207 (45 lecture, 162 lab)

Focuses on the care of adult clients with complex medical/surgical health problems. Emphasis is placed on helping clients and their families cope with alterations in body functions. Concepts of pharmacology, health promotion and education, evidence based practice, and interdisciplinary collaboration is integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe care to clients and selected groups in a variety of settings.

Transfer Information: CSU Transferable

NURS 167 Maternal Newborn and Pediatric Nursing (4 Units)

Prerequisites: NURS 165, NURS 163 or NURS 119.

Hours: 144 (36 lecture, 108 lab)

Provides an integrative, family-centered approach to the care of mothers, newborns, and children. Emphasis is placed on normal and high-risk pregnancies, normal growth and development, family dynamics, common pediatric disorders and the promotion of healthy behaviors in patients. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to mothers, newborns and children in selected settings.

Transfer Information: CSU Transferable

NURS 168 Advanced Medical-Surgical Nursing IV (5 Units)

Prerequisites: NURS 166 and NURS 167.

Hours: 180 (45 lecture, 135 lab)

This course focuses on advanced concepts of nursing care as they relate to adult and older adult patients with complex and/or acute multisystem alterations in health. Emphasis is placed on implementing time management and organizational skills while managing the care of patients with multiple needs and collaborating with the interdisciplinary team. Complex clinical skills, priority setting, clinical judgment, tenets of legal and ethical practice, and leadership principles are emphasized. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe care to patients in a variety of settings.

Transfer Information: CSU Transferable

NURS 169 Gerontology-Community Nursing (1.5 Unit)

Prerequisites: NURS 166 and NURS 167.

Hours: 45 (18 lecture, 27 lab)

This course builds on previous medical-surgical knowledge and skills in applying the nursing process to the care of older adults while focusing on their unique physiological and psychosocial needs. Concepts of community-based nursing practice including the role of the nurse in the community, health promotion and disease prevention, and Healthy People 2020 will be emphasized. A holistic approach will be applied to the assessment and care of the older adult living in the community including strategies that promote independent living and enhanced quality of life as well as principles of end-of-life care. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to older adults in selected community settings.

Transfer Information: CSU Transferable

NURS 172 Transition to Professional Nurse Practice (2 Units)

Prerequisites: NURS 167 and NURS 166.

Hours: 90 (9 lecture, 81 lab)

This course facilitates the transition of the student to the role of a professional nurse in the microsystem of a work unit. Emphasis is placed on the role transition from student nurse to new graduate RN, management concepts, as well as developing the skills of delegation, conflict management, and leadership. Legal and ethical issues are discussed with a focus on personal accountability and responsibility. Clinical experiences provide the student the opportunity to apply theoretical concepts while functioning in a leadership role during direct patient care and non direct care.

Transfer Information: CSU Transferable

NURS 190A Assessment of Clinical Competence (0.5-2 Units)

Corequisites: NURS 162.

Hours: 108 (108 lab)

Concurrent Course is designed to assist students in Semester 1 whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.

Transfer Information: CSU Transferable

NURS 190B Assessment of Clinical Competence (0.5-2 Units)

Corequisites: NURS 163.

Hours: 108 (108 lab)

Concurrent Course is designed to assist students who are returning after a leave of absence from Semester 2 or students whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.

Transfer Information: CSU Transferable

NURS 190C Assessment of Clinical Competence (0.5-2 Units)

Corequisites: NURS 166.

Hours: 108 (108 lab)

Concurrent Course is designed to assist students who are returning after a leave of absence from Semester 3 or students whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.

Transfer Information: CSU Transferable

NURS 190D Assessment of Clinical Competence (0.5-2 Units)

Corequisites: NURS 168 or NURS 172.

Hours: 108 (108 lab)

Concurrent Course is designed to assist students who are returning after a leave of absence from Semester 4 or current students whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.

Transfer Information: CSU Transferable

NURS 195 Success Strategies For Associate Degree Nursing Students (0.5 Units)

Limitations on Enrollment: Admittance to the Associate Degree Nursing Program.

Hours: 9 (9 lecture)

Associate Degree Nursing students work with their instructors, advisers developing strategies needed to successfully master competencies required. Although these success strategies are customized to individual needs of each student, some include strategies to reduce stress, improve performance in the clinical, classroom setting and set appropriate priorities.

NURS 282A NCLEX Success for the First Semester ADN Student (1 Unit)

Hours: 18 (18 lecture)

Associate Degree Nursing students, enrolled in Semester 1, work with instructor to develop specific strategies to assist them in preparation for the National Licensing Exam (NCLEX). Students are introduced to the academic and clinical expectations of the curriculum and ATI resources. The course will examine time management, effective study skills, stress management and test anxiety.

NURS 282B NCLEX Success for the Second Semester ADN Student (1 Unit)

Hours: 18 (18 lecture)

Associate Degree Nursing students enrolled in Semester 2 work with the instructor to develop specific strategies to assist them in preparation for the National Council of Licensing Exam (NCLEX-RN). This course provides activities to improve the student's overall test performance and will examine the nursing process and clinical application on faculty-developed multiple choice exams.

NURS 282C NCLEX Success for the Third Semester ADN Student (1 Unit)

Hours: 18 (18 lecture)

Associate Degree Nursing students, enrolled in Semester 3, will work with instructor to develop strategies to assist in the preparation for the National Council Licensing Exam (NCLEX). Examines exam analysis tools and corrective action strategies based on Pharmacology, Pediatrics and Maternal Newborn content mastery exams.

NURS 282D NCLEX Success for the Fourth Semester ADN Student (1 Unit)

Hours: 18 (18 lecture)

Associate Degree Nursing Students, enrolled in Semester 4, work with instructor to develop specific strategies to assist in the preparation for the National Council Licensing Exam (NCLEX). The strategies are individualized for each student based on the RN Predictor Assessment results.

NURS 290 Work Experience-Associate Degree Nursing (1-4 Units)

Corequisites: NURS 162.

Hours: 216 (216 lab)

Provides nursing students the opportunity to explore various career opportunities in the nursing field through employment or volunteering. One unit of credit is earned for each 75 hours of supervised on-the-job experience in the health care setting. Students must accomplish specific, previously-approved course objectives. A minimum of four campus orientation hours with the instructor will be held each semester. Time and day TBA to fit into ADN student schedules. Course restricted to 3 repetitions

Transfer Information: CSU Transferable