Sociology is the scientific study of society and social life, and as such, looks at a diverse range of topics concerning the social causes and consequences of human behavior. Sociologists examine the structure of groups, organizations and societies as a whole, as well as how people act and interact within those social contexts. Sociology is a rapidly evolving discipline that is particularly well suited to addressing issues and problems in a complex contemporary world.

Sociology can help students to gain a better understanding of themselves and the society of which they are a part. The field features a range of theoretical approaches that can generate new ideas, stimulate debate and challenge taken-for-granted notions about the nature of social reality and the status quo. The field also offers a range of research methodologies that allow for systematic and scientific investigation of social phenomena, rather than using common sense, propaganda, opinion or other such subjective explanations for human behavior.

Sociological theories and methods can be applied to studying virtually any aspect of social life: culture and technology; crime and deviance; politics and economics; the self and socialization; family and group dynamics; class, race and gender; social movements and social change.

Programs of Study

Associate Degree for Transfer

- Sociology, Associate in Arts for Transfer (AA-T) (https://catalog.sbcc.edu/academic-departments/sociology/sociology-aat/)

Associate Degree

- Sociology, Associate in Arts (AA) (https://catalog.sbcc.edu/academic-departments/sociology/sociology-aa/)

Credit Courses

Sociology (SOC)

SOC 101 Introduction To Sociology (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Introduction to the study of society and everyday life, examining a diverse range of topics on human behavior and social structure. Focuses on developing a sociological perspective, through theory, research, and application. Topics include culture, the self, interaction, groups, deviance and social inequality, social institutions, social change. Examines contemporary American society in global perspective.
SBCC General Education: SBCCGE Area B
Transfer Information: CSUGE Area D0, IGETC Area 4J, CSU Transferable, UC Transferable
UC Transfer Limit: SOC 101 and 101H combined: maximum credit, one course.
C-ID: SOCI 110.

SOC 101H Introduction to Sociology, Honors (4 Units)
Limitations on Enrollment: Acceptance into the Honors Program.
Skills Advisories: Eligibility for English 110 or English 110H.
Hours: 72 (72 lecture)
Introduction to the study of society and everyday life, examining a diverse range of topics on human behavior and social structure. Focuses on developing a sociological perspective, through theory, research, and application. Examines contemporary American society in global perspective. Emphasis on reading and discussing classic and contemporary texts, and producing original research.
SBCC General Education: SBCCGE Area B
Transfer Information: CSUGE Area D0, IGETC Area 4J, CSU Transferable, UC Transferable
UC Transfer Limit: SOC 101 and 101H combined: maximum credit, one course.
C-ID: SOCI 110.

SOC 103 Marriage, Family and Intimacy (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Investigates the family as a social and cultural institution. Examines the increasing diversity of American families, along with cross-cultural comparisons. Examines gender roles in the family and intimate relationships. Topics include love, partner selection, marital adjustment, communication and conflict resolution, divorce, domestic violence and parenting.
SBCC General Education: SBCCGE Area B, SBCCGE Area E5
Transfer Information: CSUGE Area D0, CSUGE Area E, IGETC Area 4J, CSU Transferable, UC Transferable
C-ID: SOCI 130.

SOC 104 Social Psychology (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Introductory course which examines the relationship between the individual and society, and how each is shaped and influenced by the other from a sociological perspective. Covers theoretical approaches, methodological applications, and empirical studies of human behavior within the social environment.
SBCC General Education: SBCCGE Area B
Transfer Information: CSUGE Area D0, IGETC Area 4J, CSU Transferable, UC Transferable
C-ID: PSY 170.

SOC 106 Sociology of Deviance (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Examination of deviance and social control in contemporary society, using the sociological perspective. Focuses on the social processes involved in the construction of deviance, and its functions and impacts on individuals and society. Covers interpersonal and family violence; mental disorders; deviant sexuality; drug and alcohol use; and property, white-collar and organized crime.
SBCC General Education: SBCCGE Area B
Transfer Information: CSUGE Area D0, CSUGE Area E, IGETC Area 4J, CSU Transferable, UC Transferable
C-ID: SOCI 160.
SOC 107 Racism in America (3 Units)
Same as: ETHS 107
Hours: 54 (54 lecture)
This course examines race and ethnicity and the impacts of racism upon selected racial and ethnic groups in American society. Covers major theories on the development of racial attitudes and behavior. Attention is also given to the relationship between racism, sexism, and class oppression.
SBCC General Education: SBCCGE Area B, SBCCGE Area E5
Transfer Information: CSUGE Area D3, IGETC Area 4C, CSU Transferable, UC Transferable
C-ID: SOCI 150.

SOC 109 Social Problems (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Introductory course which analyzes a variety of contemporary issues from a sociological perspective. Uses social theory and research methods to gain insight into the nature, extent, consequences and possible solutions to social problems in the United States and globally.
SBCC General Education: SBCCGE Area B
Transfer Information: CSUGE Area D0, IGETC Area 4J, CSU Transferable, UC Transferable
C-ID: SOCI 115.

SOC 110 Culture and Society Through Cartoons (3 Units)
Same as: ANTH 110
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
This course will investigate ideas and themes related to culture, society, and media using episodes and excerpts from The Simpsons and South Park. Sociological and anthropological theories and methodologies will be discussed, specifically examining elements of culture, the development of the self, and contemporary American society.
SBCC General Education: SBCCGE Area B, SBCCGE Area E5
Transfer Information: CSUGE Area D0, CSUGE Area D1, IGETC Area 4A, CSU Transferable, UC Transferable
C-ID: SOCI 118.

SOC 113 Sociology Of Sex and Gender (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Introductory course designed to examine the changing roles of women and men in contemporary American society.
SBCC General Education: SBCCGE Area B, SBCCGE Area E5
Transfer Information: CSUGE Area D0, CSUGE Area E, IGETC Area 4J, CSU Transferable, UC Transferable
C-ID: SOCI 140.

SOC 115 Introduction To Social Research (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Introductory course which explores the variety of methods used by sociologists to study the social world and human behavior. Examination of classic and contemporary studies as models of research. Emphasis on doing social research, from designing a project, to collecting and analyzing data on various topics of interest to students.
SBCC General Education: SBCCGE Area B
Transfer Information: CSUGE Area D0, IGETC Area 4J, CSU Transferable, UC Transferable
C-ID: SJS 120.

SOC 118 Media, Culture and Society (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Critical examination of the media and culture from a sociological perspective. Focuses on how the media is shaped and influenced by society, culture and the individual. Covers a variety of topics, including the role of media in ideology and identity; economics and politics; race, class and gender; social change, technology, and globalization.
SBCC General Education: SBCCGE Area B
Transfer Information: CSUGE Area D0, CSUGE Area D7, IGETC Area 4G, CSU Transferable, UC Transferable

SOC 120 Introduction to Social Work (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Introduction to field of social work. Covers historical development of the profession. Introduces theoretical perspectives and overview of contemporary practices in the field. Emphasis on roles, training in methods and skills, delivery of services, values and ethics of the profession.
Transfer Information: CSU Transferable

SOC 125 Introduction to Statistics in Sociology (4 Units)
Prerequisites: SS 110C or MATH 107 or equivalent through placement by the Assessment Center using multiple measures.
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 72 (72 lecture)
An introduction to the basic statistical methods and analyses commonly used in sociological research. Topics include descriptive and inferential statistics, levels and types of measurement; measures of central tendency and dispersion; sampling distributions, normal, t- and chi-squared distributions; analysis of variance; probability and hypothesis testing; correlation and linear regression; applications of statistical software to analyze data and interpret findings.
SBCC General Education: SBCCGE Area E1
Transfer Information: CSUGE Area B4, IGETC Area 2A, CSU Transferable, UC Transferable
UC Transfer Limit: MATH 117, PSY 150 and SOC 125 combined: maximum credit, one course.
C-ID: SOC 125.

SOC 127 Introduction to Women's Studies (3 Units)
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 54 (54 lecture)
Introduction to feminist perspectives on women in society, covering a broad range of historical and contemporary social issues. Involves comparative issues of social, political and economic position in the workplace, family and cultural institutions; historical basis of women's subordination; relations between women and men; social roles of women and men; intersections of ethnicity/race, class, gender, sexuality and age; violence against women; cultural images of women and men; and movements for social change.
Transfer Information: CSUGE Area D, CSUGE Area E, IGETC Area 4, CSU Transferable, UC Transferable
C-ID: SJS 120.
SOC 295 Internship In Sociology (2-4 Units)
Prerequisites: ENG 110 or ENG 110H.
Limitations on Enrollment: Completion of two courses in the Sociology Department at SBCC prior to enrolling in an internship course.
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 273 (273 lab)
Structured internship program in which students gain experience with community organizations related to the discipline.
Transfer Information: CSU Transferable

SOC 299 Independent Study In Sociology (1-4 Units)
Limitations on Enrollment: Other: 12 units at SBCC 2.5 and 6 units in department with a 3.0.
Skills Advisories: Eligibility for ENG 110 or ENG 110H.
Hours: 300 (300 lab)
Student works under the guidance and direction of sponsoring faculty member on project consistent with student's interests and abilities. Weekly meetings with faculty sponsor are required. Course may be taken for one or more units of credit. Each unit of credit requires student to devote approximately three hours per week to her/his project. For complete information, see "Independent Study" in the Catalog Index.
Transfer Information: CSU Transferable