

# PSYCHOLOGY, ASSOCIATE OF ARTS (AA)

## Overview

Psychology represents an extremely broad discipline, ranging from the study of behavior of the simplest of organisms to the behavior of humans and groups of humans in complicated situations. There is probably no other field that has as many direct and practical applications to human activities.

## Requirements

### Associate Degree Graduation Requirements

Complete all of the following:

- All Department Requirements listed below with a "C" or better or "P" in each course (at least 20% of the department requirements must be completed through SBCC).
- One of the following three General Education options:
  - OPTION 1: A minimum of 18 units of SBCC General Education Requirements (<https://catalog.sbccc.edu/degrees-certificates-awards/#associatedegreeestext>) (Areas A-D) and Institutional Requirements (Area E) and Information Competency Requirement (Area F) OR
  - OPTION 2: IGETC (<https://catalog.sbccc.edu/transfer-curricula/#igetctext>) Pattern OR
  - OPTION 3: CSU GE Breadth (<https://catalog.sbccc.edu/transfer-curricula/#csugebtext>) Pattern
- A total of 60 degree-applicable units (SBCC courses numbered 100 and higher).
- Maintain a cumulative GPA of 2.0 or better in all units attempted at SBCC.
- Maintain a cumulative GPA of 2.0 or better in all college units attempted.
- A minimum of 12 units through SBCC.

| Code   | Title  | Units              |
|--|--|--------------------|
| <b>Department Requirements</b>   |  |                    |
| Core Courses   |  |                    |
| PSY 100<br>or PSY 100H   | General Psychology<br>General Psychology, Honors       | 3-4                |
| PSY 150  | Statistics for the Behavioral Sciences                 | 4                  |
| PSY 200  | Research Methods and Experimental Design in Psychology | 4                  |
| Social/Behavioral Science Electives: Complete Option A or Option B below |  | 9-11               |
| <b>Total Units</b>   |  | <b>20.00-23.00</b> |

### Option A

| Code                                    | Title                                    | Units |
|---|--|-------|
| Complete 9-10 units from the following: |  |       |
| PSY 110                                 | Introduction to Physiological Psychology |       |
| PSY 125                                 | Psychology Of Human Sexuality            |       |

|         |  |
|---------|--|
| PSY 130 | Personality Dynamics And Effective Behavior  |
| PSY 140 | Child Development                            |
| PSY 145 | Human Development                            |
| PSY 170 | Abnormal Psychology                          |
| PSY 175 | Social Psychology: Psychological Perspective |

### Option B

| Code                                   | Title  | Units |
|--|--|-------|
| <b>Psychology Electives</b>            |  |       |
| Complete 6-7 units from the following: |  |       |
| PSY 110                                | Introduction to Physiological Psychology     |       |
| PSY 125                                | Psychology Of Human Sexuality                |       |
| PSY 130                                | Personality Dynamics And Effective Behavior  |       |
| PSY 140                                | Child Development                            |       |
| PSY 145                                | Human Development                            |       |
| PSY 170                                | Abnormal Psychology                          |       |
| PSY 175                                | Social Psychology: Psychological Perspective |       |

### Social/Behavioral Sciences Electives

Complete 3-4 units from the following:

|                          |  |
|--------------------------|--|
| ANTH 101<br>or ANTH 101H | Physical Anthropology<br>Physical Anthropology, Honors           |
| ANTH 103                 | Introduction To Cultural Anthropology                            |
| COMM 101                 | Introduction to Communication                                    |
| PHIL 100<br>or PHIL 100H | Introduction to Philosophy<br>Introduction to Philosophy, Honors |
| PHIL 111                 | Critical Thinking And Writing In Philosophy                      |
| SOC 101<br>or SOC 101H   | Introduction To Sociology<br>Introduction to Sociology, Honors   |

## Learning Outcomes

- Theory and Content of Psychology:* Students will demonstrate comprehension of the major concepts, theoretical perspectives, empirical findings, and historical and contemporary trends in psychology.
- Research Methods in Psychology:* Students will demonstrate comprehension of scientifically-based research methods in psychology.
- Statistical Methods in Psychology:* Students will identify, understand and apply statistical analyses appropriate for specific research problems in psychology.
- Information Technology:* Students will demonstrate competence with information technology.
- Critical Thinking:* Students will use logic and empirical evidence to evaluate claims made about behavior.
- Communication:* Students will clearly express thoughts, ideas and arguments, using appropriate tone, focus, grammar and organization in their communications.

## **Recommended Sequence**

Make an appointment with your SBCC academic counselor through Starfish to create a Student Education Plan that reflects a recommended course sequence for this program that is tailored to your individual needs.

How to schedule an Academic Counseling appointment ([http://www.sbcc.edu/starfish/howtos/starfish\\_appt\\_how\\_to.pdf](http://www.sbcc.edu/starfish/howtos/starfish_appt_how_to.pdf)).