

SCHOOL OF NURSING

The School of Nursing offers three programs that prepare students for various levels of nursing practice and nursing licensure.

The Associate Degree in Nursing Program prepares students to become competent entry-level professional registered nurses, lifelong learners and active community members. This program is approved by California State Board of Registered Nursing and accredited by Accreditation Commission for Education in Nursing. Graduates of this program are qualified to take the state board examination for licensure as registered nurses.

Visit the ADN Program website for more information: [sbccc.edu/nursing/adn](https://www.sbccc.edu/nursing/adn) (<https://www.sbccc.edu/nursing/adn/>)

The Vocational Nursing program is a 3-semester course of study designed to provide the student with knowledge and skills to function as a Licensed Vocational Nurse (LVN) under the direction of a licensed registered nurse or a physician. The combined academic and clinical training prepares vocational nursing students to take the National Council Licensure Examination (NCLEX-PN) for licensure as a vocational nurse meeting the standards set by the California Board of Vocational Nursing and Psychiatric Technicians.

Licensed Vocational Nurses provide skilled nursing care in various healthcare settings such as skilled nursing facilities, assisted living facilities, residential care facilities, memory care units, home health agencies, schools, jails, clinics, outpatient surgery centers, and physicians' offices. Upon successful completion of the program, graduates receive a Certificate of Achievement in Vocational Nursing and are eligible to receive an Associate of Science Degree in Vocational Nursing if all college AS degree requirements are complete. articulation.sbccc.edu/uforms/fsbccc/sbcccge.pdf (<http://articulation.sbccc.edu/uforms/fsbccc/sbcccge.pdf>)

The Vocational Nursing program website contains further information about the course of study, program requirements, costs, application procedure, and information meetings [sbccc.edu/nursing/vn/](https://www.sbccc.edu/nursing/vn/) (<https://www.sbccc.edu/nursing/vn/>)

The Certified Nursing Assistant Program: These program prepare students to give basic nursing care and learn how to care for the elderly through classroom and clinical experience. Learn how to apply here. This program meets the requirements for the California Certified Nursing Assistant and graduates are qualified to take the State Certification Exam.

Visit the CNA Program website for more information: [sbccc.edu/nursing/cna/](https://www.sbccc.edu/nursing/cna/) (<https://www.sbccc.edu/nursing/cna/>)

Programs of Study

Associate Degrees

- Nursing (ADN), Associate of Science (AS) (<https://catalog.sbccc.edu/academic-departments/nursing/nursing-rn-adn-as/>)
- Vocational Nursing (VN), Associate of Science (AS) (<https://catalog.sbccc.edu/academic-departments/nursing/vocational-nursing-vn-as/>)

Certificate of Achievement

- Vocational Nursing (LVN), Certificate of Achievement (C) (<https://catalog.sbccc.edu/academic-departments/nursing/vocational-nursing-lvn-certificate-achievement/>)

Skills Competency Awards

- Acute Care (CNA), Skills Competency Award (SCA) (<https://catalog.sbccc.edu/academic-departments/nursing/acute-care-cna-skills-competency-award/>)
- Certified Nursing Assistant (CNA), Skills Competency Award (SCA) (<https://catalog.sbccc.edu/academic-departments/nursing/certified-nursing-assistant-cna-skills-competency-award/>)
- Home Health Aide, Skills Competency Award (SCA) (<https://catalog.sbccc.edu/academic-departments/nursing/home-health-aide-skills-competency-award/>)

Credit Courses

Certified Nursing Assistant (CNA)

CNA 101 Certified Nursing Assistant (6 Units)

Limitations on Enrollment: Must pass physical exam and have current CPR card specifying "For Health Care Provider," current immunizations and a copy of Social Security card.

Course Advisories: ENG 098.

Hours: 191 (64 lecture, 127 lab)

Content follows the California State-approved CNA curriculum which teaches basic care-giving skills focusing on the elderly. Upon completion, student meets requirements to take the CA CNA test that grants CNA certification. Students must apply through the Health Technologies office.

Transfer Information: CSU Transferable

CNA 102 Home Health Aide (1.8 Unit)

Corequisites: Prior or concurrent enrollment in CNA 101.

Limitations on Enrollment: Up-to-date physical exam, immunizations, and CPR card specifying "For Health Care Provider," and a Social Security Card.

Hours: 51 (25 lecture, 26 lab)

Content builds upon the basics taught in the CNA course, focusing on care of the client in the home. On completion, student receives a CA Home Health Aide license (HHA).

Transfer Information: CSU Transferable

CNA 103 Acute Care Skills For The CNA (1.5 Unit)

Corequisites: Prior or concurrent enrollment in CNA 101.

Limitations on Enrollment: Must pass physical exam and hold current CPR card specifying "For Health Care Provider" and a Social Security card.

Hours: 45.5 (18 lecture, 27.5 lab)

The long-term care skills of the CNA are expanded to include basic nursing skills used in an acute-hospital setting. Classroom lecture and supervised experience in an acute-care hospital included.

Nursing (NURS)

NURS 119 Introduction to RN for the LVN (4 Units)

Limitations on Enrollment: Admission to Program.

Hours: 180 (18 lecture, 162 lab)

Provides a basic orientation to the Santa Barbara City College Associate Degree Nursing Program based on Caring Theory for the VN to ADN student. Ethical and legal responsibilities and the changing role of the RN are included. LVN to RN content includes IV therapy and assessment.

Transfer Information: CSU Transferable

NURS 161 Pharmacology Nursing (1.5 Unit)

Limitations on Enrollment: Admission to the ADN Program.

Hours: 45 (18 lecture, 27 lab)

This course provides an introduction to the principles of pharmacology, including: pharmacokinetics, pharmacodynamics, medication interactions and potential adverse medication reactions. Content includes general principles of pharmacology, legal, ethical, and safety aspects of medication administration as well as nursing care related to the safe administration of medication to patients across the life span. Emphasis is placed on nursing responsibilities such as maximizing therapeutic effects of drug therapy and minimizing adverse effects, appropriate patient and family teaching, and ongoing patient assessment.

Transfer Information: CSU Transferable

NURS 162 Introduction to Medical-Surgical Nursing I (8 Units)

Limitations on Enrollment: Admissions to the ADN program.

Hours: 288 (72 lecture, 216 lab)

This course provides an introduction to nursing and the roles of the nurse and profession, and related patient care concepts. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for basic assessment and nursing skills is presented, and the student is given an opportunity to demonstrate these skills in a clinical laboratory setting and in a variety of health care settings. An introduction to the nursing process provides a decision-making framework to assist students in developing effective clinical judgment skills.

Transfer Information: CSU Transferable

NURS 163 Beginning Medical Surgical II (6 Units)

Limitations on Enrollment: Admission to the ADN Program.

Hours: 216 (54 lecture, 162 lab)

The first-year nursing student's second semester develops knowledge and skills as they relate to adult non-critical, moderately complex medical-surgical patients. This course focuses on the care of adult clients with health alterations that require medical and/or surgical intervention. Emphasis is placed on the care of clients with alterations in selected body functions. Through the nursing process the student recognizes alterations in status and formulates age-appropriate care. Concepts of client centered care, cultural sensitivity, informatics, safe practice, and professionalism are integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe client care to adults in a variety of settings. Psychomotor skills include medication administration, sterile procedures, isolation procedures, and intravenous therapy.

Transfer Information: CSU Transferable

NURS 165 Mental Health Nursing (2.5 Units)

Prerequisites: NURS 161 and NURS 162 or NURS 119 (taken concurrently).

Limitations on Enrollment: Admission to Program.

Hours: 81 (27 lecture, 54 lab)

Focuses on the care of patients across the lifespan experiencing cognitive, mental and behavioral disorders. Emphasis is placed on management of patients facing emotional and psychological stressors as well as promoting and maintaining the mental health of individuals and families. Concepts of crisis intervention, therapeutic communication, anger management and coping skills are integrated throughout the course. The community as a site for care and support services is addressed. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to patients in selected mental health settings.

Transfer Information: CSU Transferable

NURS 166 Intermediate Medical-Surgical Nursing III (5.5 Units)

Prerequisites: NURS 163 or NURS 119 and NURS 165.

Hours: 207 (45 lecture, 162 lab)

Focuses on the care of adult clients with complex medical/surgical health problems. Emphasis is placed on helping clients and their families cope with alterations in body functions. Concepts of pharmacology, health promotion and education, evidence based practice, and interdisciplinary collaboration is integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe care to clients and selected groups in a variety of settings.

Transfer Information: CSU Transferable

NURS 167 Maternal Newborn and Pediatric Nursing (4 Units)

Prerequisites: NURS 165, NURS 163 or NURS 119.

Hours: 144 (36 lecture, 108 lab)

Provides an integrative, family-centered approach to the care of mothers, newborns, and children. Emphasis is placed on normal and high-risk pregnancies, normal growth and development, family dynamics, common pediatric disorders and the promotion of healthy behaviors in patients. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to mothers, newborns and children in selected settings.

Transfer Information: CSU Transferable

NURS 168 Advanced Medical-Surgical Nursing IV (5 Units)

Prerequisites: NURS 166 and NURS 167.

Hours: 180 (45 lecture, 135 lab)

This course focuses on advanced concepts of nursing care as they relate to adult and older adult patients with complex and/or acute multisystem alterations in health. Emphasis is placed on implementing time management and organizational skills while managing the care of patients with multiple needs and collaborating with the interdisciplinary team. Complex clinical skills, priority setting, clinical judgment, tenets of legal and ethical practice, and leadership principles are emphasized. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe care to patients in a variety of settings.

Transfer Information: CSU Transferable

NURS 169 Gerontology-Community Nursing (1.5 Unit)

Prerequisites: NURS 166 and NURS 167.

Hours: 45 (18 lecture, 27 lab)

This course builds on previous medical-surgical knowledge and skills in applying the nursing process to the care of older adults while focusing on their unique physiological and psychosocial needs. Concepts of community-based nursing practice including the role of the nurse in the community, health promotion and disease prevention, and Healthy People 2020 will be emphasized. A holistic approach will be applied to the assessment and care of the older adult living in the community including strategies that promote independent living and enhanced quality of life as well as principles of end-of-life care. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to older adults in selected community settings.

Transfer Information: CSU Transferable

NURS 172 Transition to Professional Nurse Practice (2 Units)

Prerequisites: NURS 167 and NURS 166.

Hours: 90 (9 lecture, 81 lab)

This course facilitates the transition of the student to the role of a professional nurse in the microsystem of a work unit. Emphasis is placed on the role transition from student nurse to new graduate RN, management concepts, as well as developing the skills of delegation, conflict management, and leadership. Legal and ethical issues are discussed with a focus on personal accountability and responsibility. Clinical experiences provide the student the opportunity to apply theoretical concepts while functioning in a leadership role during direct patient care and non direct care.

Transfer Information: CSU Transferable

NURS 190A Assessment of Clinical Competence (0.5-2 Units)

Corequisites: NURS 162.

Hours: 108 (108 lab)

Concurrent Course is designed to assist students in Semester 1 whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.

Transfer Information: CSU Transferable

NURS 190B Assessment of Clinical Competence (0.5-2 Units)

Corequisites: NURS 163.

Hours: 108 (108 lab)

Concurrent Course is designed to assist students who are returning after a leave of absence from Semester 2 or students whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.

Transfer Information: CSU Transferable

NURS 190C Assessment of Clinical Competence (0.5-2 Units)

Corequisites: NURS 166.

Hours: 108 (108 lab)

Concurrent Course is designed to assist students who are returning after a leave of absence from Semester 3 or students whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.

Transfer Information: CSU Transferable

NURS 190D Assessment of Clinical Competence (0.5-2 Units)

Corequisites: NURS 168 or NURS 172.

Hours: 108 (108 lab)

Concurrent Course is designed to assist students who are returning after a leave of absence from Semester 4 or current students whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.

Transfer Information: CSU Transferable

NURS 195 Success Strategies For Associate Degree Nursing Students (0.5 Units)

Limitations on Enrollment: Admittance to the Associate Degree Nursing Program.

Hours: 9 (9 lecture)

Associate Degree Nursing students work with their instructors, advisers developing strategies needed to successfully master competencies required. Although these success strategies are customized to individual needs of each student, some include strategies to reduce stress, improve performance in the clinical, classroom setting and set appropriate priorities.

NURS 282A NCLEX Success for the First Semester ADN Student (1 Unit)

Hours: 18 (18 lecture)

Associate Degree Nursing students, enrolled in Semester 1, work with instructor to develop specific strategies to assist them in preparation for the National Licensing Exam (NCLEX). Students are introduced to the academic and clinical expectations of the curriculum and ATI resources. The course will examine time management, effective study skills, stress management and test anxiety.

NURS 282B NCLEX Success for the Second Semester ADN Student (1 Unit)

Hours: 18 (18 lecture)

Associate Degree Nursing students enrolled in Semester 2 work with the instructor to develop specific strategies to assist them in preparation for the National Council of Licensing Exam (NCLEX-RN). This course provides activities to improve the student's overall test performance and will examine the nursing process and clinical application on faculty-developed multiple choice exams.

NURS 282C NCLEX Success for the Third Semester ADN Student (1 Unit)

Hours: 18 (18 lecture)

Associate Degree Nursing students, enrolled in Semester 3, will work with instructor to develop strategies to assist in the preparation for the National Council Licensing Exam (NCLEX). Examines exam analysis tools and corrective action strategies based on Pharmacology, Pediatrics and Maternal Newborn content mastery exams.

NURS 282D NCLEX Success for the Fourth Semester ADN Student (1 Unit)

Hours: 18 (18 lecture)

Associate Degree Nursing Students, enrolled in Semester 4, work with instructor to develop specific strategies to assist in the preparation for the National Council Licensing Exam (NCLEX). The strategies are individualized for each student based on the RN Predictor Assessment results.

NURS 290 Work Experience-Associate Degree Nursing (1-4 Units)

Corequisites: NURS 162.

Hours: 216 (216 lab)

Provides nursing students the opportunity to explore various career opportunities in the nursing field through employment or volunteering. One unit of credit is earned for each 75 hours of supervised on-the-job experience in the health care setting. Students must accomplish specific, previously-approved course objectives. A minimum of four campus orientation hours with the instructor will be held each semester. Time and day TBA to fit into ADN student schedules. Course restricted to 3 repetitions

Transfer Information: CSU Transferable

Vocational Nursing (VN)

VN 161 Fundamentals for Nursing Practice (5 Units)

Prerequisites: CNA 101 or a pass.

Hours: 90 (90 lecture)

Certificate of Completion. This course provides an introduction to the nursing profession and provides the theoretical foundation for the fundamentals of vocational nursing practice. Students are introduced to the concepts of health assessment, communication, client needs, safety, infection control, ethical and legal practice, cultural and spiritual care, the nursing process, documentation, health promotion and wellness, and growth and development across the lifespan.

Transfer Information: CSU Transferable

VN 162 Care of the Older Adult (1.5 Unit)

Hours: 27 (27 lecture)

This course examines the biological, psychological, and social issues associated with the aging process and prepares the student to implement the nursing process to the care of the older adult. Emphasis is placed on health promotion, safety, legal aspects, dementia, and care of the older adult in various settings.

Transfer Information: CSU Transferable

VN 163 Pharmacology for Nurses (3 Units)

Prerequisites: MATH 107, BMS 100 or BMS 107 and BMS 108.

Hours: 54 (54 lecture)

Qualifying score on TEAS math exam. This course provides an introduction to the principles of pharmacology including pharmacokinetics, pharmacodynamics, common adverse/side effects, and contraindications. Emphasis is placed on drug classifications and nursing care related to the safe administration of medications to clients across the life span.

Transfer Information: CSU Transferable

VN 164 Nursing Practicum I (6 Units)

Hours: 324 (324 lab)

This lab/clinical course provides an introduction to nursing practice and the role of the vocational nurse in the health care settings as a professional team member. The Fundamentals of nursing practice is applied to the care of adult and older adult clients with an emphasis on safe, quality patient-centered care.

Transfer Information: CSU Transferable

VN 165 Medical Surgical Nursing I (3 Units)

Prerequisites: BMS 100 or BMS 107 and BMS 108.

Hours: 54 (54 lecture)

This course focuses on the nursing management for the client experiencing surgery, and health alterations in the gastrointestinal, integumentary, and immune systems. Emphasis is placed on the utilization of the nursing process in the management of evidence-based and safe patient-centered care.

Transfer Information: CSU Transferable

VN 166 Medical Surgical Nursing II (3.5 Units)

Prerequisites: BMS 100 or BMS 107 and BMS 108.

Hours: 63 (63 lecture)

This course focuses on the nursing management for the client experiencing fluid and electrolyte imbalances, and health alterations in the renal, endocrine, and reproductive systems. Emphasis is placed on the utilization of the nursing process in the management of evidence-based and safe patient-centered care.

Transfer Information: CSU Transferable

VN 167 Nursing Care of Children (2 Units)

Hours: 36 (36 lecture)

This course provides an integrative, family-centered approach to the nursing care of children. Emphasis is placed on normal growth and development, anticipatory guidance with wellness promotion and injury prevention, hospitalization adjustments for the pediatric client, and common pediatric disorders.

Transfer Information: CSU Transferable

VN 168 Mental Health Nursing (1 Unit)

Hours: 18 (18 lab)

This course prepares students to implement the nursing process in the care of clients with mental health disorders. The course explores mental health fundamentals, legal and ethical issues, common mental health disorders, Non-pharmacological therapies, psychopharmacology, and mental health emergencies.

Transfer Information: CSU Transferable

VN 169 Nursing Practicum II (6 Units)

Corequisites: VN 164.

Hours: 324 (324 lab)

Prerequisite or This laboratory and clinical course is designed to build upon the practicum basics of the first semester. The students perform more advanced skills while providing nursing care to adult clients in a variety of health care facilities with a continued emphasis on safe, quality patient-centered care. This course provides the opportunity for students to apply theoretical concepts related to the nursing care for children to clinical and laboratory experiences.

Transfer Information: CSU Transferable

VN 170 Medical Surgical Nursing III (3.5 Units)

Prerequisites: BMS 100 or BMS 107 and BMS 108.

Hours: 63 (63 lecture)

This course focuses on the nursing management for the client experiencing health alterations in the cardiovascular, respiratory, and hematological systems. Emphasis is placed on the utilization of the nursing process in the management of evidence-based and safe patient-centered care.

Transfer Information: CSU Transferable

VN 171 Medical Surgical Nursing IV (3.5 Units)

Prerequisites: BMS 100 or BMS 107 and BMS 108.

Hours: 63 (63 lecture)

This course focuses on the nursing management for the client experiencing health alterations in the neurosensory and musculoskeletal systems. Emphasis is placed on the utilization of the nursing process in the management of evidence-based and safe patient-centered care.

Transfer Information: CSU Transferable

VN 172 Maternal Newborn Nursing (1.5 Unit)

Hours: 27 (27 lecture)

This course explores reproductive health and maternal and newborn nursing care during the antepartum, intrapartum and postpartum periods. Emphasis is placed on the bio-psycho-socio-cultural needs of the childbearing family during the phases of pregnancy, childbirth, and the neonatal period including abnormal conditions.

Transfer Information: CSU Transferable

VN 173 Preparation for Professional Vocational Nursing Practice (1.5 Unit)

Hours: 27 (27 lecture)

This course facilitates the transition of the student to the role of an LVN. Emphasis is placed on principles of leadership, management, communication, civility, team building, and change. The course prepares the student to practice legally and ethically adhering to the Vocational Nursing practice act. The employment process and career development options are presented.

Transfer Information: CSU Transferable

VN 174 Nursing Practicum III (6 Units)

Prerequisites: VN 169.

Hours: 324 (324 lab)

This Clinical and laboratory course builds on experiences of the second semester as students develop leadership skills and provide comprehensive nursing care to adult clients in a variety of settings. This course also provides students with the opportunity to apply theoretical concepts related to Maternal newborn nursing care to clinical and laboratory experiences.

Transfer Information: CSU Transferable