SCHOOL OF NURSING

Program Descriptions

The School of Nursing prepares students for Registered Nurse (RN) licensure, Vocational Nurse (VN) licensure and Certified Nursing Assistant (CNA) certification.

The Registered Nursing program is offered for qualified men and women to prepare for staff nurse positions in hospitals and similar health agencies. It is approved by the California State Board of Registered Nursing (BRN) and accredited by the Accreditation Commission for Education in Nursing. Graduation from Santa Barbara City College with an Associate Degree and a major in nursing qualifies graduates to take the state board examination for licensure as a registered nurse. Nursing theory offered in campus classes is integrated with clinical nursing practice in local hospitals and health agencies. The SBCC ADN Program is approved by the California State Board of Registered Nursing (BRN) and accredited by the Accreditation Commission for Education in Nursing. For accreditation questions or comments, both agencies can be contacted at the following addresses:

- **Board of Registered Nursing (BRN)**
  P.O. Box 944210
  Sacramento, CA 94244-2100
  (916) 322-3350 • www.rn.ca.gov (http://www.rn.ca.gov)

- **Accreditation Commission for Education in Nursing, Inc.**
  3343 Peachtree Road NE, Suite 850
  Atlanta, GA 30326
  (404) 975-5000 • Fax: (404) 975-5020
  www.acenursing.org (http://www.acenursing.org)

Mission Statement

The mission of the SBCC ADN Program is aligned with the SBCC Mission Statement which states,

"As a public community college dedicated to the success of each student . . .

Santa Barbara City College provides students a diverse learning environment that inspires curiosity and discovery, promotes global responsibility, and fosters opportunity for all."

The mission of the SBCC ADN Program is to prepare compassionate and competent registered nurses who provide care consistent with our nursing concepts and organizational values. It supports the tenets of the American Nurses Association, the National League for Nursing, the California State Board of Registered Nursing, and Quality, Safety, and Education in Nursing (QSEN) standards and The Massachusetts Nurse of the Future.

The primary aim of the program is to prepare entry-level registered nurses as providers of care across the health/illness continuum and as members of the profession. The program is responsive to the changing healthcare needs of the community, state, and nation.

The curriculum provides a positive, innovative learning framework that fosters the development of critical thinking/clinical reasoning and problem-solving skills so that graduate nurses are equipped to deliver care to a culturally diverse population in a variety of healthcare settings.

ADN Philosophy

The philosophy of the Associate Degree Nursing (ADN) Program supports and implements the vision and mission of Santa Barbara City College and is based on the paradigm of Nursing and Professional Practice, Education, and Caring. The purpose of the program is to provide a high-quality education that empowers students with the knowledge, skills and caring attitudes to become competent entry-level professional registered nurses, lifelong learners, and active community members.

Nursing and professional practice is an art and applied science based on a unique body of knowledge derived from the biological, psychological, sociological, and spiritual sciences. As an art, nursing embodies learned
therapeutic and caring behaviors and the creative use of skills and expertise essential to promote, maintain, and restore the person to an optimal level of health; as well as supporting a peaceful, dignified death. As a science, nursing integrates concepts from the humanities, natural, and behavioral sciences to develop a body of knowledge that supports the delivery of evidence-based care, involving utilization of the nursing process, application of critical thinking and the transfer of theoretical knowledge into clinical practice. Registered nurses are members of the collaborative health care team and as such, care for diverse individuals and families across the lifespan in a variety of inpatient and community-based settings by providing culturally sensitive, individualized, patient-centered care. Professional values guide interactions with individuals, families, and the healthcare team. RNs demonstrate professional conduct by exhibiting accountability for their actions, practicing within their scope of practice, and assuming legal responsibility for the care they provide. RNs uphold their commitment to the public by adhering to an established code of ethics, which provides a context for making judgments and offers guidelines for maintaining professionalism.

Education of the nurse at the Associate Degree level prepares the individual as an entry-level nurse in the profession of nursing. The nurse is educated to provide safe, competent, caring interventions, and patient care management through sound clinical decision making. Integrity, respect for the individual, ethical behavior, accountability, and lifelong learning are attributes of the art and science of nursing care. Faculty are committed to supporting students in the successful achievement of their goals through a curriculum designed for the adult learner. Faculty incorporate the individual learning styles of each student by offering instructional materials that address the auditory, visual, and kinesthetic learner. The concept of lifelong learning is emphasized throughout the Associate Degree in Nursing Program as a pathway to higher education.

Caring involves learning and understanding human needs, understanding and valuing individuality, and diversity. Caring also involves learning and understanding human needs and responses in varying states of health, and valuing individuality and diversity. By extending a caring presence, nurses promote dignity, reinforce self-esteem, enhance spirituality, nurture strengths, and facilitate healing. By extending a caring presence, nurses promote dignity, reinforce self-esteem, enhance spirituality, nurture strengths, and facilitate healing.

ADN Program Benchmarks
1. Ninety percent (90%) of graduating students responding to the Program Survey and Evaluation Form will report the SBCC ADN Program as satisfactory in all of the following areas: adequacy of curriculum to meet community needs; quality of instruction; learning environment; learning resources; and college support systems.
2. Seventy-five percent (75%) of students entering will successfully complete the program.
3. Eighty-five percent (85%) of graduates will pass NCLEX-RN on the first attempt.
4. Seventy-five percent (75%) of responding graduates will be employed within 6 months of taking the NCLEX-RN exam, as measured by the Graduate Questionnaire.
5. Eighty percent (80%) of graduates responding to the Graduate Questionnaire will evaluate themselves as average or above average as Providers of Care, Managers of Care and Members of the Profession.
6. Employers responding on the Employer Evaluation of ADN Graduates form will rate 90% of SBCC graduates as adequate or better, overall.

Program Student Learning Outcomes (PSLO)
1. The student will demonstrate through clinical observation the establishment of a therapeutic environment and appropriate communication with patient, family members, and team members.
2. The student will employ evidence based practice by utilizing information technology to implement plan of care and document patient outcomes.
3. The student will verbalize and demonstrate elements of critical thinking by prioritizing patient care to maintain SBCC ADN Basic Standards of Practice.
4. The student will demonstrate integrity, accountability, and respect for diverse populations in both theory and clinical.

End of Program Student Learning Outcomes
The graduate nurse will demonstrate the following:
1. Evaluate nursing care provided to patients, families, groups, populations, and communities from diverse backgrounds in a variety of settings to ensure that it is compassionate, age and culturally appropriate and based on patient’s preferences, values, and needs.
2. Collaborate with members of the inter-professional health care team to manage and coordinate the provision of safe, quality care for patients, families, and groups.
3. Demonstrate use of best current evidence and clinical expertise when making clinical decisions in the provision of patient-centered care.
4. Utilize evidence-based quality improvement processes to effect change in the delivery of patient-centered care.
5. Demonstrate the effective use of strategies to mitigate errors and reduce the risk of harm to patients, self, and others in healthcare, home, and community settings.
6. Utilize evidence-based information and patient care technology to communicate relevant patient information, manage care and mitigate error in the provision of safe, quality patient-centered care.
7. Assimilate integrity and accountability into practices that uphold established regulatory, legal, and ethical principles while providing patient-centered, standard-based nursing care.
8. Utilize leadership, management and priority-setting skills in the provision and management of safe, quality patient-centered care.
9. Utilize verbal and nonverbal communication strategies with patients, families, and groups from diverse backgrounds that promote an effective exchange of information and the development of therapeutic relationships.

Program Information
When accepted into the Nursing Program, each student will be assigned a Nursing Faculty Adviser. Progression through and completion of this program requires the attainment of a minimum grade of “C” in each required course in the ADN Program and any courses noted with (*) identified in ADN Department Requirements. Program logistics, as well as special rules and limitations related to the curriculum, are described in the ADN Program Handbook, available in the Campus Bookstore and online at www.sbcc.edu/nursing (http://www.sbcc.edu/nursing). Weekend, day and evening clinical hours are required.

The Board of Registered Nursing states that students impaired by alcoholism, drug abuse, or emotional illness may be prevented from obtaining a California license to practice nursing. Any SBCC ADN student whose function is impaired by alcoholism or drug abuse may be withdrawn from the Nursing major. The Board of Registered Nursing may deny licensure to a person who has been convicted of a crime. Nursing
students are required to complete a criminal background check prior to placement in a clinical area.

If, at any time, the student’s conduct or physical or emotional health is such that s/he is a potential threat to the well-being of patients, the student will be withdrawn from the Nursing program.

Admission to the Program
Applications are available from the School of Nursing website, www.sbcc.edu/nursing (http://www.sbcc.edu/nursing). Candidates for acceptance into the ADN Program at Santa Barbara City College must be admitted to Santa Barbara City College, as well as to the ADN Program.

Applications are accepted during specified periods only. These application acceptance periods will be listed on the nursing website. When an applicant has completed all program prerequisites, submit completed application to: SBCC Health Technologies Office, 721 Cliff Dr., Santa Barbara, CA 93109-2394. Submit official high school and college transcripts from all other colleges attended to: SBCC Admissions and Records, 721 Cliff Dr., Santa Barbara, CA 93109-2394. Incomplete applications will not be accepted. ALL of the following must be in for an application to be considered complete:

1. ADN application sent to the Health Technologies Office
2. Application checklist
3. TEAS results*
4. Official high school transcript or GED equivalent are required of all applicants, unless the student has an AA/AS or BA/BS from a regionally accredited US institution sent to SBCC Admissions & Records Office
5. Official transcripts from ALL colleges attended sent to the SBCC Admissions & Records Office. Failure to submit all college transcripts may disqualify an application. The following course must be completed with a “C” or better prior to submitting an application for admission:
   a. Math: Intermediate Algebra (SBCC MATH 104 or MATH 107 Intermediate Algebra or MATH 111 or SBCC math Assessment result showing eligibility for a class higher than MATH 104 or MATH 107 Intermediate Algebra or MATH 111)
   b. English (SBCC ENG 110 Composition and Reading or ENG 110H Composition And Reading, Honors Composition and Reading)
   c. Anatomy with lab (SBCC BMS 107 Human Anatomy)
   d. Physiology with lab (SBCC BMS 108 Human Physiology)
   e. Microbiology with lab (SBCC BMS 127 Medical Microbiology or BMS 157 General Microbiology)

Attendance at the Mandatory Program Orientation Meeting is by invitation only, the semester prior to entry. Students not able to attend, will not be allowed to enter the program. Students must maintain a current CPR card for healthcare providers throughout the program.

A satisfactory physical examination, using the SBCC form, with all immunizations up to date and a TB clearance are required prior to student’s first semester in the program. Students must clear a criminal background clearance prior to attending clinical in any hospital or healthcare agency.

*Applicants must also be assessed with a Chancellor’s Office approved standardized assessment (Test of Essential Academic Skills) and must meet Chancellor’s Office approved standards. Applicants must meet the state-identified composite score on this assessment to enter the Nursing Program. Those applicants not meeting the approved standard will be offered a plan for remediation, which must be completed within a year before retesting. Meeting the approved standards is required for entrance into the ADN Program.

Attendance at an ADN Information Session is recommended prior to application. Sessions are held once a month in Health Technologies (A-218) during the Spring and Fall semester, except holidays and summer. See the nursing website for dates and times.

Expenses
Approximate total cost of the ADN Program is $7,500. This covers the cost of tuition, uniforms, nursing shoes, watch with second hand, stethoscope, bandage scissors; required textbooks background check, physical exam, CPR certification, transportation to and from clinical agencies and the college and NCLEX testing fees.

Grades
Each required department course must be completed with a grade of “C” or higher. Pass/No Pass grading is not permitted in a department requirement course.

*Courses required by the Board of Registered Nursing must have a minimum grade of “C.”

Advanced Standing
Course Challenge
Any nursing course may be challenged by an enrolled nursing student who feels she/he has previously mastered the course and clinical content in an educational or occupational setting. The procedure for challenging courses is explained in the ADN Program Handbook and is consistent with the college protocol for challenging courses.

Transfer Students
Students previously enrolled in another state accredited registered nursing program within the past year and who were in good standing may transfer into the SBCC ADN Program on a space available basis. The application process entails meeting the SBCC ADN admission requirements and applying to both the college and the program. Entry is based on space available at the time of application.

High School Articulation
Interested high school students are encouraged to prepare for nursing by completing the four-year high school pre-nursing curriculum at the San Marcos High School Health Academy. High school counselors have the list of specific high school courses, which will prepare a student to enter nursing.

LVN Advance Placement
LVNs currently licensed in California are admitted into the ADN Program in one of two tracks: (1) LVN to RN or (2) 30-unit option. LVN students are entered one time per school year in the Fall Semester. LVN to RN applicants must meet the same application and program requirements.

Diploma Nurses
College credit toward a BSN for Diploma Nurses may be awarded; evaluation of a student’s transcript may allow 30 units of nursing credit for transfer to a BSN Program. Call the director of the ADN Program for more information.

Planning a Program of Study
The sequence of the following courses and other required courses will be determined in conjunction with the student’s ADN faculty adviser. All
courses are CSU-transferable, with the exception of NURS 195 Success Strategies For Associate Degree Nursing Students, NURS 197 and NURS 282 NCLEX Success.

Vocational Nursing (VN)

Program Description
The Vocational Nursing program is a full-time 3-semester course of study. A new cohort of students begins every 18 months as follows: Spring 2019, Fall 2020, Spring 2022 etc... Upon successful completion of the program, graduates receive a Certificate of Achievement in Vocational Nursing and are eligible to receive an Associate of Science Degree in Vocational Nursing if all college AS degree requirements are met.

The Vocational Nursing program prepares applicants to practice as competent, compassionate and ethical Licensed Vocational Nurses (LVNs). The program provides a high-quality vocational education program which is sensitive to the diverse needs of our students and our community. We facilitate educational access and academic excellence through a learner-centered nursing program, and prepare students to successfully pass the National Licensing Exam (NCLEX PN) and to practice Vocational Nursing in a variety of health-related settings: skilled nursing facilities, assisted living facilities, residential care facilities, memory-care units, sub-acute care units, hospice and home health agencies, school districts, jails, clinics, surgery centers and physicians’ offices.

Program Student Learning Outcomes
1. Take and pass the state licensure exam.
2. Function within the scope of practice of LVN, as outlined by the California Board of Vocational Nurses.
3. Practice within professional and legal standards, ethical principles and demonstrate sensitivity to the cultural differences of patients.
4. Apply the nursing process by collaboratively assessing, planning, implementing and evaluating nursing care and teaching maintenance of health and prevention of disease.
5. Apply principles of oral, written and verbal communication to convey relevant, accurate and complete information.
6. Provide compassionate holistic nursing care by maintaining patients’ psychological safety and acting as a patient advocate.

Career Outlook
The projections of employment for LVN’s in California is expected to grow faster than the average growth rate for all occupations. Jobs for Licensed Vocational Nurses are expected to increase by 20.9 percent, or 13,700 jobs between 2014 and 2024 according to the California Occupational Guides (https://catalog.sbcc.edu/academic-departments/nursing/20http://www.labormarketinfo.edd.ca.gov/OccGuides/Detail.aspx?Soccode=292061&geography=0604000071) published by the State of California EDD. The median wage in 2016 for Licensed Vocational Nurses in California was $52,743 annually or $25.36 hourly.

Admission requirements
Applications are accepted on a year-round basis and can be submitted while requirements for the 18-month program are in progress. Requirements are:

1. Proof of high school graduation, or be 18 years of age, with equivalency certificate. “Official” transcripts (in a sealed envelope) are required.
2. ENG 160 Reading and Literacy Strategies for Nursing, or a qualifying score on the TEAS reading exam will also satisfy this requirement
3. MATH 093 Nursing and Allied Health Math, or a qualifying score on SBCC math placement test (placement into MATH 107 or higher) will also satisfy this requirement.
4. BMS 100 The Human Body or BMS 107 Human Anatomy and BMS 108 Human Physiology.
5. CNA 101 Certified Nursing Assistant is a prerequisite to VN 131 which is required in the first semester of the program. Students may substitute the Memory Care Program classes (CNA 105 The Art of Caring for the Person with Dementia-Memory Care Basics and CNA 106 Compassionate Communication for Caregivers: The Art of Connecting in a Caregiving Relationship) instead of CNA 101 as a prerequisite to VN 131
6. HE 201 Introduction to Healthy Aging or a gerontology course that is determined to be equivalent at another college, is a corequisite to VN 131 Foundation For Nursing Practice
7. The applicant will receive notification of their cohort start date once all the requirements are met. Prior to commencing the program’s 1st semester, students will be notified and will be required to:
   a. Attend a mandatory information meeting.
   b. Purchase required books, ATI products, Lab supply tote, and uniforms.
   c. Create a CastleBranch account and submit the following:
      i. A complete physical exam on an SBCC form.
      ii. Immunization records.
      iii. Tuberculin skin test, or appropriate blood test. Must renew each year.
      iv. Active BLS for healthcare providers. Must be kept current during the program.
      v. Background check.

Course of Study
Theory and laboratory practice on campus is correlated with clinical experience at various health care facilities in the Santa Barbara, Santa Maria, and Lompoc area. Students must provide their own transportation to all facilities. The three-semester curriculum consists of 15 courses (http://www.sbcc.edu/nursing/vn/program_information.php), which must be taken in a designated sequence.

Grades
Courses in the VN Program must be completed with a minimum grade of “C”, except for Pass/No Pass graded courses, which must be completed, with a “P” grade.

Advanced Standing
Any student who plans to request a transfer into the program, receive recognition of prior credit, or apply for readmission into the VN program is required to meet with the Director before beginning the VN program.
Expenses

The total cost of the program is approximately $4,500.00 (http://www.sbcc.edu/nursing/vn/programcosts.php). Students are responsible for transportation to and from clinical agencies and the college.

Application Procedure

Submit the following to the Health Technologies Office (A218):

1. Vocational Nursing Program Application: You may submit VN Program Application (http://www.sbcc.edu/nursing/vn/Application5.16.17.pdf) at any time. Program requirements may be in progress. This will allow us to keep you updated with current information about the program.
2. Official high school transcripts: If an official high school transcript is not available, the student must provide an official GED certificate. International transcripts must be evaluated for equivalency by a professional evaluation service. A list of accepted agencies is available from the Health Technologies Office or the Counseling Office. Exception: High school transcripts are not required if the student possesses an Associate or Bachelor degree and provides official college transcripts that reflect this.
3. Official college transcripts: Submit official transcripts from any college other than SBCC to SBCC, Admissions & Records, 721 Cliff Drive, Santa Barbara, CA 93109. We will obtain your SBCC transcripts.
4. Proving Eligibility: Proof of eligibility is shown by Submission of SBCC assessment test results showing eligibility for required course(s) and/or Submission of college transcripts showing completion of the required courses.
5. Copy of CNA certification

Certified Nursing Assistant (CNA)/Home Health Aide (HHA)

Program Description

The Dorothy D. Rupe CNA/HHA Program prepares men and women to give basic nursing care. The focus of this program is on care of the elderly, including both classroom and clinical experiences. This program meets the requirements for the California Certified Nursing Assistant. Upon successful completion of CNA 101 Certified Nursing Assistant, the student is qualified to take the California State Certification Exam.

In addition to the policies and standards of Santa Barbara City College, the Health Technologies programs have policies and requirements based on professional standards and guidelines of their individual regulating state and national accrediting boards. These additional policies and requirements are in the handbooks for the individual programs.

Admission to the Program

Application Procedures (consult CNA website: sbcc.edu/nursing/cna (http://www.sbcc.edu/nursing/cna) for current information)

1. Submit a CNA/HHA application to the Health Technologies Office. Applications are available from the Health Technologies Office, A-218. All forms can be found on the website.
2. (Optional) information meetings are held to assist with the application process. These open information meetings will be held at 4 p.m. in room A-214 the first Thursday of each month during the academic year. Contact the Health Technologies Office (A-218), (805) 730-4166, or consult the website for additional information.
3. File an SBCC general application with the Admissions and Records Office.
4. Submit verification of eligibility for ENG 070 Effective Reading And Study Skills Techniques and ENG 080 Effective Writing Techniques to the Health Technologies Office. Eligibility is shown by submission of SBCC Assessment results or submission of SBCC or other college transcripts showing completion of the required English courses.
5. The prerequisite for the HHA course is satisfactory completion of the CNA course, and/or previous certification as a CNA.

If there are more applicants than can be accepted, admission will be based on earliest date of completion and submission of application and required materials. Applicants who do not get into the class will need to reapply.

Acceptance Procedures

After acceptance and before enrolling in the CNA/HHA Program students are required to:

1. Submit the required physical examination (on the SBCC form) with all up to date immunizations to the Health Technologies Office.
2. Submit current CPR card for Health Care Provider or Professional Rescuer certification.
3. Provide Social Security card, a requirement of the California Department of Social Services. A copy will be made by a Health Technologies Department staff member.

NOTICE: Nurse Assistants and Home Health Aides may NOT be certified by the State of California if convicted of a Penal Code violation. Additional information will be given at the scheduled information meeting. Fingerprinting is required. Fingerprinting will be done during the first week of class and will be paid for by a donor.

Expenses

Currently, required SBCC fees, fingerprinting fees, textbooks, uniform and California State Certification Exam fees are being paid through the generous gift of a donor. Tuition for out-of-state and international students is not covered.

Grades

Each required department course must be completed with a grade of “C” or higher. Pass/No Pass grading is not permitted in a department requirement course.

Programs of Study

Credit Programs

- Nursing (ADN), Associate in Science (AS) (https://catalog.sbcc.edu/academic-departments/nursing/nursing/rn-adn-as)
- Vocational Nursing (VN), Associate in Science (AS) (https://catalog.sbcc.edu/academic-departments/nursing/vocational-nursing-vn-as)
- Vocational Nursing (LVN), Certificate of Achievement (C) (https://catalog.sbcc.edu/academic-departments/nursing/vocational-nursing-lvn-certificate-achievement)
- Acute Care (CNA), Skills Competency Award (SCA) (https://catalog.sbcc.edu/academic-departments/nursing/acute-care-cna-skills-competency-award)
Credit Courses

Certified Nursing Assistant (CNA)

CNA 101 Certified Nursing Assistant (6 Units)
Limitations on Enrollment: Must pass physical exam and have current CPR card specifying "For Health Care Provider," current immunizations and a copy of Social Security card.
Course Advisories: ENG 70 and ENG 80.
Hours: 191 (64 lecture, 127 lab)
Content follows the California State-approved CNA curriculum which teaches basic care-giving skills focusing on the elderly. Upon completion, student meets requirements to take the CA CNA test that grants CNA certification. Students must apply through the Health Technologies office.

CNA 102 Home Health Aide (1.8 Unit)
Corequisites: Prior or concurrent enrollment in CNA 101.
Limitations on Enrollment: Up-to-date physical exam, immunizations, and CPR card specifying "For Health Care Provider" and a Social Security card.
Skills Advisories: Eligibility for ENG 70 and ENG 80.
Hours: 51 (25 lecture, 26 lab)
Content builds upon the basics taught in the CNA course, focusing on care of the client in the home. On completion, student receives a CA Home Health Aide license (HHA).

CNA 103 Acute Care Skills For The CNA (1.5 Unit)
Corequisites: Prior or concurrent enrollment in CNA 101.
Limitations on Enrollment: Must pass physical exam and hold current CPR card specifying "For Health Care Provider" and a Social Security card.
Hours: 45.5 (18 lecture, 27.5 lab)
The long-term care skills of the CNA are expanded to include basic nursing skills used in an acute-hospital setting. Classroom lecture and supervised experience in an acute-care hospital included.

CNA 105 The Art of Caring for the Person with Dementia-Memory Care Basics (4.5 Units)
Corequisites: CNA 106.
Limitations on Enrollment: All students entering this course will need a physical exam, current TB test and must pass a criminal background check per agency policies.
Skills Advisories: Eligibility for ENG 98 and ENG 103.
Hours: 153 (45 lecture, 108 lab)
Concurrent Designed to build on the ability to convey compassion, allowing persons with dementia or others who receive care, including family members, to experience compassion. The caregiver grows wiser, stronger, and more capable in the process. Strategies for preventing caregiver "burn-out" are offered, along with insights into nourishing the soul of the caregiver.

CNA 106 Compassionate Communication for Caregivers: The Art of Connecting in a Caregiving Relationship (1 Unit)
Corequisites: CNA 105.
Skills Advisories: Eligibility for ENG 98 and 103.
Hours: 18 (18 lecture)

Nursing (NURS)

NURS 119 Introduction to RN for the LVN (3 Units)
Limitations on Enrollment: Admission to Program.
Hours: 126 (18 lecture, 108 lab)
Provides a basic orientation to the Santa Barbara City College Associate Degree Nursing Program based on Watson's Caring Theory for the VN to ADN student. Ethical and legal responsibilities and the changing role of the RN are included. LVN to RN content includes IV therapy, assessment, and care of the childbearing patient are examined.
Transfer Information: CSU Transferable

NURS 160 Foundations of Nursing (4 Units)
Hours: 144 (36 lecture, 108 lab)
Limitation on enrollment: Admission to the ADN Program. Application of the Watson Caring Model and the role of the nurse. Critical thinking and basic skills necessary to administer beginning-level assessment and interventions for adults across the lifespan. Clinical experiences provide opportunities for students to deliver nursing care that focuses on health maintenance and promotion in a variety of health setting.
Transfer Information: CSU Transferable

NURS 161 Pharmacology Nursing (1.5 Unit)
Limitations on Enrollment: Admission to the ADN Program.
Hours: 45 (18 lecture, 27 lab)
This course provides an introduction to the principles of pharmacology, including: pharmacokinetics, pharmacodynamics, medication interactions and potential adverse medication reactions. Content includes general principles of pharmacology, legal, ethical, and safety aspects of medication administration as well as nursing care related to the safe administration of medication to patients across the life span. Emphasis is placed on nursing responsibilities such as maximizing therapeutic effects of drug therapy and minimizing adverse effects, appropriate patient and family teaching, and ongoing patient assessment.
Transfer Information: CSU Transferable

NURS 162 Introduction to Medical-Surgical Nursing I (8 Units)
Limitations on Enrollment: Admissions to the ADN program.
Hours: 288 (72 lecture, 216 lab)
This course provides an introduction to nursing and the roles of the nurse and profession, and related patient care concepts. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for basic assessment and nursing skills is presented, and the student is given an opportunity to demonstrate these skills in a clinical laboratory setting and in a variety of health care settings. An introduction to the nursing process provides a decision-making framework to assist students in developing effective clinical judgment skills.
Transfer Information: CSU Transferable
NURS 163 Beginning Medical Surgical II (6 Units)
Limitations on Enrollment: Admission to the ADN Program.
Hours: 216 (54 lecture, 162 lab)
The first-year nursing student's second semester develops knowledge and skills as they relate to adult non-critical, moderately complex medical-surgical patients. This course focuses on the care of adult clients with health alterations that require medical and/or surgical intervention. Emphasis is placed on the care of patients with alterations in selected body functions. Through the nursing process the student recognizes alterations in status and formulates age-appropriate care. Concepts of client centered care, cultural sensitivity, informatics, safe practice, and professionalism are integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe client care to adults in a variety of settings. Psychomotor skills include medication administration, sterile procedures, isolation procedures, and intravenous therapy.
Transfer Information: CSU Transferable

NURS 164 Nursing Care of Childbearing and Families (2.5 Units)
Hours: 99 (18 lecture, 81 lab)
Limitation of Enrollment: Admission to the Program. Provides knowledge and skills to provide safe, effective, culturally-sensitive, physiological and psychosocial care, using Watson's Caring Theory, the nursing process and family-centered approach for childbearing clients and families. Clinical experience emphasizes refinement of critical thinking, teaching/learning, decision-making, psychomotor skills and management of childbearing patients.
Transfer Information: CSU Transferable

NURS 165 Mental Health Nursing (2.5 Units)
Prerequisites: NURS 162 and NURS 161.
Hours: 81 (27 lecture, 54 lab)
This course focuses on the care of patients across the lifespan experiencing cognitive, mental and behavioral disorders. Emphasis is placed on management of patients facing emotional and psychological stressors as well as promoting and maintaining the mental health of individuals and families. Concepts of crisis intervention, therapeutic communication, anger management, and coping skills are integrated throughout the course. The community as a site for care and support services is addressed. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to patients in selected mental health settings.
Transfer Information: CSU Transferable

NURS 165VN Mental Health Nursing for the VN (1 Unit)
Hours: 36 (9 lecture, 27 lab)
Limitation on Enrollment: Admission to the ADN program. Application of Mental Health nursing, using the nursing process and Watson's Caring Theory, to promote psychosocial integrity within the health illness continuum across the life span. Emphasis on therapeutic interactions and communication, biopsychological rehabilitation, and therapeutic use of self.
Transfer Information: CSU Transferable

NURS 166 Intermediate Medical-Surgical Nursing III (5.5 Units)
Prerequisites: NURS 163.
Hours: 207 (45 lecture, 162 lab)
This course focuses on the care of adult clients with complex medical/surgical health problems. Emphasis is placed on helping clients and their families cope with alterations in body functions. Concepts of pharmacology, health promotion and education, evidence based practice, and interdisciplinary collaboration will be integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe care to clients and selected groups in a variety of settings.
Transfer Information: CSU Transferable

NURS 167 Maternal Newborn and Pediatric Nursing (4 Units)
Prerequisites: NURS 163 and NURS 165.
Hours: 144 (36 lecture, 108 lab)
This course provides an integrative, family-centered approach to the care of mothers, newborns, and children. Emphasis is placed on normal and high-risk pregnancies, normal growth and development, family dynamics, common pediatric disorders and the promotion of healthy behaviors in patients. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to mothers, newborns, and children in selected settings.
Transfer Information: CSU Transferable

NURS 167VN Nursing Care of Children and Families for the LVN (1.5 Unit)
Limitations on Enrollment: Admission to the ADN Program.
Hours: 45 (18 lecture, 27 lab)
Application of the Watson Caring Model and the nursing process to the care of children, from birth to 18 who are experiencing alterations in their health states. Knowledge of the nursing role, communication, safety, pharmacology, growth and development, socio-cultural diversity and nutrition to promote and maintain optimum wellness.
Transfer Information: CSU Transferable

NURS 168 Advanced Medical-Surgical Nursing IV (5 Units)
Prerequisites: NURS 166 and NURS 167.
Hours: 180 (45 lecture, 135 lab)
This course focuses on advanced concepts of nursing care as they relate to adult and older adult patients with complex and/or acute multisystem alterations in health. Emphasis is placed on implementing time management and organizational skills while managing the care of patients with multiple needs and collaborating with the interdisciplinary team. Complex clinical skills, priority setting, clinical judgment, tenets of legal and ethical practice, and leadership principles are emphasized. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe care to patients in a variety of settings.
Transfer Information: CSU Transferable
NURS 169 Gerontology-Community Nursing (1.5 Unit)
Prerequisites: NURS 166 and NURS 167.
Hours: 45 (18 lecture, 27 lab)
This course builds on previous medical-surgical knowledge and skills in applying the nursing process to the care of older adults while focusing on their unique physiological and psychosocial needs. Concepts of community-based nursing practice including the role of the nurse in the community, health promotion and disease prevention, and Healthy People 2020 will be emphasized. A holistic approach will be applied to the assessment and care of the older adult living in the community including strategies that promote independent living and enhanced quality of life as well as principles of end-of-life care. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to older adults in selected community settings.
Transfer Information: CSU Transferable

NURS 172 Transition to Professional Nurse Practice (2 Units)
Prerequisites: NURS 167 and NURS 166.
Hours: 90 (9 lecture, 81 lab)
This course facilitates the transition of the student to the role of a professional nurse in the microsystem of a work unit. Emphasis is placed on the role transition from student nurse to new graduate RN, management concepts, as well as developing the skills of delegation, conflict management, and leadership. Legal and ethical issues are discussed with a focus on personal accountability and responsibility. Clinical experiences provide the student the opportunity to apply theoretical concepts while functioning in a leadership role during direct patient care and non direct care.
Transfer Information: CSU Transferable

NURS 190 Assessment Of Clinical Competence (0.5-2 Units)
Limitations on Enrollment: Must pass physical exam.
Hours: 108 (108 lab)
Re-entering, transfer, or current students only. Designed to evaluate clinical nursing skills of students with previous nursing experience. It is also used for students whose clinical performance is marginal and require additional time and supervision to bring skills up to standards of practice. Course is offered in half unit increments based on student needs.
Transfer Information: CSU Transferable

NURS 194 Review And Update Of Nursing Skills (0.5 Units)
Hours: 27 (27 lab)
Opportunity for the licensed nurse (RN and LVN) to review and practice nursing skills in the SBCC Nursing Laboratory. Orientation meetings are held monthly. See website for information.
Transfer Information: CSU Transferable

NURS 195 Success Strategies For Associate Degree Nursing Students (0.5 Units)
Limitations on Enrollment: Admittance to the Associate Degree Nursing Program.
Hours: 9 (9 lecture)
Associate Degree Nursing students work with their instructors, advisers developing strategies needed to successfully master competencies required. Although these success strategies are customized to individual needs of each student, some include strategies to reduce stress, improve performance in the clinical, classroom setting and set appropriate priorities.

NURS 198 Diploma Nursing Credit (30 Units)
Limitations on Enrollment: Current RN license in California.
Hours: 0 (0 lecture)
For RNs whose basic nursing preparation earned a nursing diploma, 30 units of college credit is awarded toward a BSN following evaluation of diploma program.
Transfer Information: CSU Transferable

NURS 282 NCLEX Success (1 Unit)
Hours: 46 (4 lecture, 42 lab)
Associate Degree Nursing students work with instructor to develop specific strategies to assist them in preparation for the National Licensing Exam for Nursing. The strategies are individualized for each student based on RN Predictor Assessment results. Provides individual and group counseling, creation of a study plan for review, and evaluation of the plan after implementation.

NURS 282A NCLEX Success for the First Semester ADN Student (1 Unit)
Hours: 18 (18 lecture)
Associate Degree Nursing students, enrolled in Semester 1, work with instructor to develop specific strategies to assist them in preparation for the National Licensal Exam (NCLEX). Students are introduced to the academic and clinical expectations of the curriculum and ATI resources. The course will examine time management, effective study skills, stress management and test anxiety.

NURS 282B NCLEX Success for the Second Semester ADN Student (1 Unit)
Hours: 18 (18 lecture)
Associate Degree Nursing students enrolled in Semester 2 work with the instructor to develop specific strategies to assist them in preparation for the National Council of Licensing Exam (NCLEX). This course provides activities to improve the student’s overall test performance and will examine the nursing process and clinical application on faculty-developed multiple choice exams.

NURS 282C NCLEX Success for the Third Semester ADN Student (1 Unit)
Hours: 18 (18 lecture)
Associate Degree Nursing students, enrolled in Semester 3, will work with instructor to develop strategies to assist in the preparation for the National Council Licensing Exam (NCLEX). Examines exam analysis tools and corrective action strategies based on Pharmacology, Pediatrics and Maternal Newborn content mastery exams.

NURS 282D NCLEX Success for the Fourth Semester ADN Student (1 Unit)
Hours: 18 (18 lecture)
Associate Degree Nursing Students, enrolled in Semester 4, work with instructor to develop strategies to assist in the preparation for the National Council Licensing Exam (NCLEX). The strategies are individualized for each student based on the RN Predictor Assessment results.

NURS 290 Work Experience-Associate Degree Nursing (1-4 Units)
Corequisites: NURS 160.
Hours: 300 (300 lab)
Provides nursing students the opportunity to explore various career opportunities in the nursing field through employment or volunteering. One unit of credit is earned for each 75 hours of supervised on-the-job experience in the health care setting. Students must accomplish specific, previously-approved course objectives. Class meetings on campus will be scheduled each semester. Course restricted to 3 repetitions.
Transfer Information: CSU Transferable
VN 134 Principles Of Administration Of Therapeutic Agents (2 Units)
Prerequisites: VN 131 and VN 133.
Hours: 36 (36 lecture)
Introduces the principles of medication administration. Basic techniques and computations used in the administration of medications, including nursing considerations that pertain to the safe administration of medication. Completion of this course prepares the Vocational Nursing student to safely administer medications to patients, under the supervision of the nursing instructor.

VN 135 Understanding Pharmacology (2 Units)
Corequisites: VN 137.
Hours: 36 (36 lecture)
Study of the drugs most frequently prescribed for the hospitalized patient, with emphasis on nursing considerations that pertain to the administration of these drugs.

VN 136 Genitourinary, Integumentary and Endocrine Disorders (3.5 Units)
Prerequisites: VN 133.
Corequisites: VN 137.
Hours: 63 (63 lecture)
Focuses on the individual's nursing care needs in areas of functional, physiological, social and psychological integrity and environmental influences, as they relate to the genitourinary, endocrine and integumentary systems. The nursing process is utilized to apply theoretical concepts to patient care.

VN 137 Basic Medical-Surgical Nursing Lab (4.6 Units)
Limitations on Enrollment: Health and Safety regulations.
Hours: 248 (248 lab)
Must have a valid CPR card, must pass physical examination. If not a current CNA, must pass the background check required by the clinical facilities in their SBCC contracts. Clinical laboratory course builds on the basics of the first semester as students perform more advanced skills while providing nursing care to adult and elderly patients in a variety of health care facilities.

VN 138 Nursing Process Applied To Childbearing Family (1.5 Unit)
Corequisites: VN 138.
Hours: 27 (27 lecture)
Maternal, newborn and family nursing care needs in areas of functional, physiological, social and psychological integrity, and environmental influences, as they relate to human reproduction. The nursing process is utilized to apply theoretical concepts to patient care.

VN 139 Nursing Process Applied To Care Of Children (2 Units)
Corequisites: VN 140.
Hours: 36 (36 lecture)
Normal growth and development patterns of the growing child and family in health and illness. Nursing needs in areas of functional, physiological, social and psychological integrity, and environmental influences. The nursing process is utilized to apply theoretical concepts to patient care.

VN 140 Maternal and Child Nursing Lab (1.9 Unit)
Corequisites: VN 138.
Limitations on Enrollment: Health and Safety regulations.
Hours: 103 (103 lab)
Students must have a valid CPR card, must pass physical examination. If not a current CNA, must pass the background check required by the clinical facilities in their SBCC contracts. Provides an opportunity for students to apply theory concepts related to the childbearing family and the growing child to clinical laboratory experiences. The nursing process is the problem-solving method utilized for care planning and implementation in the clinical setting.

VN 141 Cardiovascular and Respiratory Problems (3.5 Units)
Prerequisites: VN 137.
Corequisites: VN 145.
Hours: 63 (63 lecture)
Focuses on the individual's nursing care needs in areas of functional, physiological, social and psychological integrity and environmental influences, as they relate to the cardiovascular and respiratory systems. The nursing process is utilized to apply theoretical concepts to patient care.
VN 142 Perception And Mobility Problems (4 Units)
Prerequisites: VN 137.
Corequisites: VN 145.
Hours: 72 (72 lecture)
Focuses on the individual's nursing care needs in areas of functional, physiological, social and psychological integrity, as well as environmental influences as they relate to perception, coordination and mobility. The nursing process is utilized to apply theoretical concepts to patient care.

VN 144 Preparation For Vocational Nursing Practice (1.5 Unit)
Prerequisites: VN 137.
Corequisites: VN 145.
Hours: 30 (30 lecture)
Introduction to the principles of leadership and supervision as they apply to the vocational nurse. Focuses on the role of the vocational nurse as a member of the healthcare team, and supervisor of other vocational nurses and unlicensed health caregivers.

VN 145 Integrated Medical-Surgical Nursing Lab (5.75 Units)
Prerequisites: VN 141 and VN 142 and VN 144 and VN 146.
Limitations on Enrollment: Health and Safety regulations.
Hours: 310.5 (310.5 lab)
Students must have a valid CPR card, must pass physical examination. If not a current CNA, must pass the background check required by the clinical facilities in their SBCC contracts. Clinical laboratory course builds on experiences of the second semester as students develop leadership skills and provide nursing care to adult and elderly patients in a variety of settings. The nursing process is the problem-solving method utilized for care planning, implementation and leadership activities in the clinical setting.

VN 146 Introduction to Mental Health Nursing (1 Unit)
Limitations on Enrollment: Admission to Program.
Hours: 18 (18 lecture)
Designed to foster understanding and critical thinking in relation to legal, ethical, and professional aspects of psychiatric-mental health care. Nursing approaches to the assessment and collaborative management of people with mental health disorders are outlined. Introduction to evidence-based psychological and psychosocial interventions used in the management of mental illness.

VN 150 Principles and Techniques of Intravenous Therapy (1.5 Unit)
Hours: 33 (27 lecture, 6 lab)
LVN participants receive state-recognized certificates in IV Therapy. Includes rationale and legal aspects for intravenous therapy; relevant anatomy and physiology; principles and techniques for intravenous, blood or blood component infusions; and the care and monitoring of the patient undergoing intravenous therapy.

VN 160 Reading and Literacy Strategies for Nursing (3 Units)
Hours: 54 (54 lecture)
Designed to assist nursing students further develop reading, communication and study strategies that will be needed in the Licensed Vocational Nursing (LVN) program. Intended as a bridge between the CNA and LVN programs, the course focuses on the academic skills needed by pre-nursing students.