

ALCOHOL AND DRUG COUNSELING, CERTIFICATE OF ACHIEVEMENT (C)

Requirements

Certificate of Achievement Requirements

Complete all Department Requirements for the Certificate of Achievement with a cumulative grade point average (GPA) of 2.0 or better. Candidates for a Certificate of Achievement are required to complete at least 20% of the department requirements through SBCC.

Code	Title	Units
Department Requirements		
ADC 120	Alcohol and Other Drugs ^{1,2}	3
ADC 121	Basic Interviewing And Counseling Skills ^{1,2}	3
ADC 122	Pharmacological And Physiological Effects Of Alcohol And Other Drugs ¹	3
ADC 123	Group Treatment ^{1,2}	3
ADC 124	Chemical Dependency and the Family ¹	3
ADC 125	Co-Occurring Disorders I: Recognition and Referral ¹	3
ADC 126	Treatment And Case Management Of Chemically-Dependent Individual ¹	4
ADC 152	Clinical Process	3
ADC 290	Work Experience in Alcohol and Drug Counseling	4
PSY 100 or PSY 100H	General Psychology General Psychology, Honors	3-4
Select 3 units from the following Required Alcohol and Drug Counseling Elective Courses:		3
ADC 111	Substance Abuse and Society	
ADC 129	Emotional Balance and Mindfulness in Recovery	
ADC 130	Diversity and Cultural Issues In Counseling: Identity, Expression and Addiction ³	
ADC 131	Attitudes, Motivation and Behavior Change ³	
ADC 132	Substance Abuse and Adolescents ³	
ADC 133	Anger Management and Family Violence ³	
ADC 139	Introduction to Process Addictions	
ADC 140	Recovery Through Movement	
Choose any one of the following Required Behavioral Science Elective courses:		3-4
PSY 130	Personality Dynamics And Effective Behavior	
PSY 170	Abnormal Psychology	
SOC 101 or SOC 101H	Introduction To Sociology Introduction to Sociology, Honors	

SOC 103	Marriage, Family and Intimacy
SOC 104	Social Psychology
Total Units	38.00-40.00

- Acceptable substitutions are as follows: ADC 100 will substitute for ADC 120 Alcohol and Other Drugs; ADC 101 will substitute for ADC 121 Basic Interviewing And Counseling Skills; ADC 102 will substitute for ADC 122 Pharmacological And Physiological Effects Of Alcohol And Other Drugs; ADC 107 will substitute for ADC 123 Group Treatment; ADC 108 will substitute for ADC 124 Chemical Dependency and the Family; ADC 112 will substitute for ADC 125 Co-Occurring Disorders I: Recognition and Referral; and ADC 105 and ADC 106 OR ADC 106 and ADC 116 will substitute for ADC 126 Treatment And Case Management Of Chemically-Dependent Individual.
- ADC 120 Alcohol and Other Drugs and ADC 121 Basic Interviewing And Counseling Skills should be taken before other ADC counseling courses (i.e., ADC 123 Group Treatment, ADC 124 Chemical Dependency and the Family, ADC 126 Treatment And Case Management Of Chemically-Dependent Individual).
- Acceptable substitutions are as follows: ADC 103 will substitute for ADC 130 Diversity and Cultural Issues In Counseling: Identity, Expression and Addiction; ADC 109 will substitute for ADC 131 Attitudes, Motivation and Behavior Change; ADC 110 will substitute for ADC 132 Substance Abuse and Adolescents; ADC 113 or ADC 114 will substitute for ADC 133 Anger Management and Family Violence.

Learning Outcomes

- Implement the systematic approach to screening and assessment of individuals thought to have a substance use disorder, being considered for admission to addiction-related services, or presenting in a crisis situation.
- Use a collaborative process in which professionals and the client develop a written document that identifies important treatment goals within measurable, time-sensitive action steps toward achieving those goals with expected outcomes.
- Employ the administrative, clinical, and evaluative activities that bring the client, treatment services, and other resources together to focus on the issues and needs identified in the treatment plan.
- Facilitate the client's progress toward mutually determined treatment goals and objectives, including counseling methods that are sensitive to individual client characteristics and to the influence of significant others, as well as the client's cultural and social context.
- Record the screening and intake process, assessment, treatment plan, clinical reports, clinical progress notes, discharge summaries, and other client-related data.
- Adhere to the obligations of an addiction counselor within accepted ethical and behavioral standards of conduct and professional development.
- Present clients, families, significant others and community groups with information on risks related to psychoactive substance use, as well as available prevention, treatment and recovery resources.

Recommended Sequence

Make an appointment with your SBCC academic counselor through Starfish to create a Student Education Plan that reflects a recommended course sequence for this program that is tailored to your individual needs.

How to schedule an Academic Counseling appointment (http://www.sbcc.edu/starfish/howtos/starfish_appt_how_to.pdf).