

ADDICTIVE DISORDERS COUNSELING, ASSOCIATE OF SCIENCE (AS)

Overview

The Addictive Disorders Counseling Program is designed to prepare students to work in the field of addictions counseling. Both a Certificate of Achievement and Associate Degree are available. The program provides students with the education and training to develop paraprofessional expertise and to qualify for employment as entry-level addictions counselors. A required fieldwork component offers students invaluable hands-on experience working at a facility dedicated to the treatment of alcohol and drug addiction. Licensed clinicians seeking expertise in addictions can complete the new non-fieldwork based Certificate of Achievement in Post-Professional Practice in Alcohol and Drug Counseling.

Requirements

Associate Degree Graduation Requirements

Complete all of the following:

- All Department Requirements listed below with a "C" or better or "P" in each course (at least 20% of the department requirements must be completed through SBCC).
- One of the following three General Education options:
 - OPTION 1: A minimum of 18 units of SBCC General Education Requirements (<https://catalog.sbccc.edu/degrees-certificates-awards/#associatedegree>) (Areas A-D) and Institutional Requirements (Area E) and Information Competency Requirement (Area F) OR
 - OPTION 2: IGETC (<https://catalog.sbccc.edu/transfer-curricula/#igetctext>) Pattern OR
 - OPTION 3: CSU GE Breadth (<https://catalog.sbccc.edu/transfer-curricula/#csugebtext>) Pattern
- A total of 60 degree-applicable units (SBCC courses numbered 100 and higher).
- Maintain a cumulative GPA of 2.0 or better in all units attempted at SBCC.
- Maintain a cumulative GPA of 2.0 or better in all college units attempted.
- A minimum of 12 units through SBCC.

Code	Title	Units
Department Requirements		
ADC 120	Alcohol and Other Drugs	3
ADC 121	Basic Interviewing And Counseling Skills	3
ADC 122	Pharmacological And Physiological Effects Of Alcohol And Other Drugs	3
ADC 123	Group Treatment	3
ADC 124	Chemical Dependency and the Family	3
ADC 125	Co-Occurring Disorders I: Recognition and Referral	3

ADC 130	Diversity and Cultural Issues In Counseling: Identity, Expression and Addiction	3
ADC 135	Chemical Dependency Counseling Case Management and Treatment	3
ADC 146	Substance Abuse Prevention	3
ADC 148	Legal and Ethical Issues in Addictive Disorders Counseling	3
ADC 152	Clinical Process	3
ADC 290	Work Experience in Alcohol and Drug Counseling	4
PSY 100	General Psychology	3-4
or PSY 100H	General Psychology, Honors	
or SOC 101	Introduction To Sociology	
or SOC 101H	Introduction to Sociology, Honors	
or ADC 131	Attitudes, Motivation and Behavior Change	
Total Units		40.00-41.00

Learning Outcomes

- Implement a systematic approach to screening and assessment of individuals thought to have a substance use disorder and who are being considered for addiction-related services in a crisis situation.
- Use a collaborative process in which professionals and the client develop a written document that identifies important treatment goals within measurable, time-sensitive action steps toward achieving those goals with expected outcomes.
- Employ the administrative, clinical and evaluative activities that bring the client, treatment services and other resources together to focus on the issues and needs identified in the treatment plan.
- Facilitate the client's progress toward mutually determined treatment goals and objectives, including counseling methods that are sensitive to individual client needs and to the influence of significant others, as well as the client's cultural and social norms.
- Present clients, families, significant others and community groups with information on risks related to psychoactive substance use, as well as available prevention, treatment and recovery resources.
- Record the screening and intake process, assessment, treatment plan, clinical reports and progress notes, discharge summaries and other client-related data.
- Adhere to the obligations of an addiction counselor within accepted ethical and behavioral standards of conduct and professional development.

Recommended Sequence

Make an appointment with your SBCC academic counselor through Starfish to create a Student Education Plan that reflects a recommended course sequence for this program that is tailored to your individual needs.

How to schedule an Academic Counseling appointment (<https://www.sbccc.edu/counselingcenter/counselingappointments.php>).